



**Kavayitri Bahinabai Chaudhari**  
**NORTH MAHARASHTRA**  
**UNIVERSITY**  
**Jalgaon**



A  
**Syllabus**  
 for

**CC (Co-curricular Courses)**

**Four Years Under Graduate Programme**

**As per NEP-2020 Pattern**

With Effect from  
 June - 2024

**NEP-2020**



Prepared by:

**Dean**  
**Science & Technology**

KBCNMU Jalgaon



Teach One  
 Each One  
 Tree One

**Kavayitri Bahinabai Chaudhari  
North Maharashtra University, Jalgaon**



**SYLLABUS**  
**for**  
**Co-curricular Course (CC) for Affiliated Colleges**  
**At**  
**Four Year Under Graduate Programme As per NEP-2020 Pattern**  
**For**  
**Faculty of Science & Technology, Humanities and Commerce**  
**& Management**

**With Effect from June – 2024**

**Prepared By: Prof. S. S. Rajput, Dean, Faculty of Science and Technology**

## Summary of Distribution of Credits for Co-curricular Course (CC) for Affiliated Colleges

<b><u>Subject Basket for Co-Curricular Course (CC)</u></b>								
Year	Sem.	Course Type	Course Code	Course Title	No of Credits	Teaching Hours / Week	Marks	
							Internal (CA)	External (UA)
1	I	CC-1	CC-I (A/B/C/D/E/ F/G)	<b>Select any one</b> A) NCC - 1 B) NSS - 1 C) Sports - 1 D) Cultural - 1 E) Student Welfare Activity-1 F) Yoga G) IPDC-1	2 (T/P)	2	50	NA
	II	CC-2	CC-II (A/B/C/D/E/ F/G)	<b>Select any one</b> A) NCC - 2 B) NSS - 2 C) Sports - 2 D) Cultural – 2 E) Student Welfare Activity-2 F) Human Rights and Environment Law G) IPDC-2	2 (T/P)	2	50	NA
	III	CC-3	CC-III (A/B/C/D/E/ F)	<b>Select any one</b> A) NCC - 3 B) NSS - 3 C) Sports - 3 D) Cultural -3 E) Student Welfare Activity-3 F) Cyber Security	2 (T/P)	2	50	NA
2	IV	CC-4	CC-IV (A/B/C/D/E)	<b>Select any one</b> A) NCC - 4 B) NSS - 4 C) Sports - 4 D) Cultural – 4 E) Student Welfare Activity-4 F) Communication Skills and Personality Development	2 (T/P)	2	50	NA

**Note:** If aspirant in semester-1 select Co-Curricular Course CC-1(A), then in the consecutive semesters, he/she has to select CC-2(A), CC-3(A), CC-4(A) respectively.

# **Semester – I**

**Course Code: CC - I (A)****Course Title: NCC – 1**

<b>Course Code: CC - I (A)</b>	<b>Course Category: Co-Curricular Course (CC)</b>
<b>Course Title: NCC-1 (Basic)</b>	<b>Type: Theory &amp; Practical</b>
<b>Total Contact Hours: 30 (2/week)</b>	<b>Course Credits: 02</b>
<b>College Assessment (CA) Marks: 50 Marks</b>	<b>University Assessment (UA): NA</b>
<b>Course Objectives:</b>	
<ul style="list-style-type: none"> <li>● To introduce the students the basics of NCC.</li> <li>● To motivate the students to be a responsible citizen of the country.</li> <li>● To make them aware of National Integration and military strength of the country.</li> <li>● To make their personality dynamic and imbibe the officer like qualities in them.</li> </ul>	
<b>Course Outcomes:</b>	
<ul style="list-style-type: none"> <li>● The students will develop a sense of responsibility and a sense of patriotism.</li> <li>● The qualities of the Secular outlook, discipline, bearing and obedience would be enriched.</li> <li>● The students would develop leadership qualities and will become the responsible citizen of the Nation.</li> </ul>	
<b>Course pre-requisite:</b>	
<ul style="list-style-type: none"> <li>● To study this course, a student must be physically, mentally and medically fit.</li> <li>● Students and their parents should be willing to undergone the military training.</li> <li>● It is open for all.</li> </ul>	

**Course Content:**

<b>Name of the Topic</b>	<b>Hours</b>
<b>Unit 1: Introduction to NCC</b> <ul style="list-style-type: none"> <li>● National Cadet Corps of Independent India, National Cadet Corps Act, 1948,</li> <li>● Motto, Aims and Objectives, Emblem, NCC Flag, NCC song</li> <li>● Organization of NCC- Army, Navy, Air force</li> </ul>	
<b>Unit 2: National Integration: Importance and Necessity</b> <ul style="list-style-type: none"> <li>● National Integration: Importance and Necessity</li> <li>● Factors affecting National Integration</li> <li>● Unity in Diversity Role of NCC in Nation Building</li> <li>● Threats to National Security</li> </ul>	
<b>Unit 3: Foot Drill</b> <ul style="list-style-type: none"> <li>● Word of Commands</li> <li>● Sawadhan and Vishram</li> <li>● Salute</li> </ul>	
<b>Unit 4: Personality Development</b> <ul style="list-style-type: none"> <li>● Introduction to Personality Development</li> <li>● Factors Influencing /Shaping Personality:</li> <li>● Barriers: Physical, Social, Physiological, Philosophical and Psychological</li> </ul>	
<b>Total Hours</b>	<b>30</b>

**Reference Books:**

<b>Title</b>	<b>Publication</b>
● Cadet's Hand book – Common subject. All wings.	BY DG NCC, New Delhi.
● Cadet's Hand book – Specialized Subjects, Army, Navy, Air-force	BY DG NCC, New Delhi
● NCC OTA Precise	BY DG NCC, New Delhi

**Evaluation and Assessment (College Assessment 50 Marks) for CC - I(A):**

<b>Sr. No.</b>	<b>Activity</b>	<b>Marks</b>
1.	Internal Tests -1	10
2.	Internal Tests -2	10
3.	Attendance Mark	10
4.	Tasks and assignments	10
5.	Demo and Practical	10
	<b>Total</b>	50



**Course Code: CC - I (B)****Course Title: NSS – 1**

<b>Course Code: CC - I (B)</b>	<b>Course Category: Co-Curricular Course (CC)</b>
<b>Course Title: NSS-1 (National Service Scheme)</b>	<b>Type: Theory &amp; Practical</b>
<b>Total Contact Hours: 30 (2/week)</b>	<b>Course Credits: 02</b>
<b>College Assessment (CA) Marks: 50 Marks</b>	<b>University Assessment (UA): NA</b>
<b>Course Objectives:</b> <ul style="list-style-type: none"> <li>To groom youth as social centric by applying her/his knowledge towards improvement of the community.</li> <li>To develop among themselves a sense of social and civic responsibility and act as agents of social change towards India as a developed Country.</li> </ul>	
<b>Course Outcomes:</b> <ul style="list-style-type: none"> <li>Understand social responsibility.</li> <li>Awareness about social issues.</li> </ul>	

**Course Content:**

<b>Name of the Activities</b>	<b>Hours</b>
<ul style="list-style-type: none"> <li>Introduction of NSS</li> <li>NSS Slogans, Songs &amp; Patriotic Songs</li> <li>Objectives and Advantages of NSS</li> <li>Responsibilities of NSS Volunteer</li> <li>Important Day celebration (Any five)</li> <li>Shramdaan (Campus cleanliness, Tree plantation &amp; Watering)</li> <li>Environmental Awareness (Anti-Littering and Anti Plastic Bag Campaign, Waste minimization and management).</li> <li>Rain water harvesting awareness campaign</li> <li>Solar energy awareness campaign</li> <li>Save energy/water awareness campaign</li> <li>Survey based studies (Any one)</li> </ul>	
<b>Total Hours</b>	<b>30</b>

**Reference Books:**

- National Service Scheme Manual 2006, Govt. of India, Ministry of Youth Affairs.
- Annual Report of NSS, Published by Dept. of Higher Education.
- <https://nss.gov.in>

**Note:**

- Awareness programs can be conducted through rally, street plays, posters, slogans, etc.
- Survey based studies should be carried out on social issues.

**Evaluation and Assessment (College Assessment 50 Marks) for CC - I(B):**

<b>Sr. No.</b>	<b>Activity</b>	<b>Marks</b>
1.	Attendance to Important day celebration (any five), (Independence Day is compulsory)	10
2.	Attendance	10 (Above 90 %) 08 (Between 80 to 90 %) 06 (Between 75 to 80 %)
3.	Shramdaan	10
4.	Awareness Campaign (Any Three)	10
5.	Survey based studies	10
	<b>Total</b>	<b>50</b>



**Course Code: CC – I (C)**

**Course Title: Sports – 1**

<b>Course Code: CC - I (C)</b>	<b>Course Category: Co-Curricular Course (CC)</b>
<b>Course Title: Sports-1</b>	<b>Type: Theory &amp; Practical</b>
<b>Total Contact Hours: 30 (2/week)</b>	<b>Course Credits: 02</b>
<b>College Assessment (CA) Marks: 50 Marks</b>	<b>University Assessment (UA): NA</b>
<b>Course Objectives:</b> <b>To enable the students:</b> <ul style="list-style-type: none"><li>● To create interest in sports among students.</li><li>● To develop the sports knowledge among students.</li><li>● To explain the importance of sports to the students.</li><li>● To develop physical and mental health through sports.</li></ul>	
<b>Course Outcomes:</b> <ul style="list-style-type: none"><li>● Increase in the physical and mental fitness of students through sports.</li><li>● The student may develop better grasping power.</li><li>● Development of student's personality through sports.</li><li>● The students be encouraged for better competition in sports.</li></ul>	

### **Course Content:**

<b>Name of the Topic</b>	<b>Hours</b>
<b>Unit 1: Introduction of Sports</b> <ul style="list-style-type: none"><li>● Introduction</li><li>● History of Sports and Game</li><li>● Definition and Scope of Sports</li><li>● Development of Sports</li><li>● Type of Sports</li></ul>	
<b>Unit 2: Sports and Health</b> <ul style="list-style-type: none"><li>● Introduction</li><li>● Relationship between Sports and Human health</li><li>● Effect of Sports on various body systems</li><li>● Relationship between Sports and Mental Health</li><li>● Effect of Sports on Physical and Mental Health</li></ul>	
<b>Unit 3: Various Sports</b> <ul style="list-style-type: none"><li>● Introduction</li><li>● Individual Sports/ Games</li><li>● Team Sports</li><li>● Various Name of Tournament</li><li>● Prizes and Award in Sports</li></ul>	
<b>Total Hours</b>	<b>30</b>

**Reference Books:**

1. Bucher, C. A., Foundation of Physical Education, St. Louis: The C. V. Mosby Co.
2. डॉ. विठ्ठलसिंग परिहार, झुझारसिंग शिलेदार, खेळ संचालन आणि क्रीडा मार्गदर्शन, अभय प्रकाशन, नांदेड, भारत
3. सुरेशचंद्र नाडकरणी, क्रीडा ज्ञानकोष, मेहता पब्लिकेशन, भारत
4. प्रा. के. एन. गंदगे, शारीरिक शिक्षणाचा पाया, समर्थ पब्लिकेशन, नांदेड, भारत

**Evaluation and Assessment for CC – I (C):**

Sr. No.	Description	Mark	
1.	Attendance sports practices	10	Any three from Sr. No. 1 to 5 for 30 Marks.
2.	Sportsmanship and Behaviour	10	
3.	Participation in any one Intercollegiate tournament/College Annual Gathering sports	10	
4.	Participation in any one Zonal/Open state level tournament	10	
5.	Participation in any one University/All India inter university/Open National level tournament	10	
6.	Assignments	20	
	<b>Total Mark</b>	50	

**Course Code: CC - I (D)**  
**Course Title: Cultural – 1**

<b>Course Code: CC - I (D)</b>	<b>Course Category: Co-curricular Course (CC)</b>
<b>Course Title: Cultural - 1</b>	<b>Type: Theory &amp; Practical</b>
<b>Total Contact Hours: 30 (2/week)</b>	<b>Course Credits: 02</b>
<b>Internal Assessment (CA) Marks: 50 Marks</b>	<b>University Assessment (UA): NA</b>
<b>Course Objectives (उद्दिष्ट्ये):</b> <ul style="list-style-type: none"><li>● स्वागत गीताचा परिचय करून घेणे</li><li>● भित्तिपत्रकाचे स्वरूप समजून घेणे</li><li>● अतिथी परिचयाचे स्वरूप समजून घेणे</li><li>● आभार प्रदर्शनाचे प्रयोजन व स्वरूपाचा परिचय करून घेणे</li><li>● रचना कौशल्य प्राप्त होणे</li><li>● वर्तमान पत्रातील लेखनाचे स्वरूप, प्रकार समजून घेणे</li><li>● वार्षिकांकाचे स्वरूप व प्रयोजन समजून घेणे.</li></ul>	
<b>Course Outcomes (फलश्रुती):</b> <ul style="list-style-type: none"><li>● विद्यार्थ्यांना स्वागत गीताचे स्वरूप समजून येईल.</li><li>● विद्यार्थ्यांना भित्तिपत्रकाचे स्वरूप समजून येईल.</li><li>● विद्यार्थ्यांना अतिथी परिचय कसा करतात ते लक्षात येईल.</li><li>● विद्यार्थ्यांना आभार प्रदर्शनाचे प्रयोजन व स्वरूप समजून घेता येईल.</li><li>● विद्यार्थ्यांना रचना, (डिझायनिंग) – चे कौशल्य प्राप्त होईल.</li><li>● विद्यार्थ्यांना वर्तमान पत्रातील लेखनाचे स्वरूप, प्रकार समजून येईल.</li><li>● विद्यार्थ्यांना वार्षिकांकाचे स्वरूप व प्रयोजन लक्षात येईल.</li></ul>	

**Course Content (अभ्यासक्रम आराखडा):**

Name of the Topic	Hours
1) रांगोळी काढणे: पारंपरिक रांगोळी व फुल/पुष्प यांची रांगोळी	
2) स्वागतगीत: स्वरूप व प्रकार	
3) भित्तिपत्रक: स्वरूप, प्रयोजन	
4) अतिथी परिचय: स्वरूप	
5) आभार प्रदर्शन: प्रयोजन व स्वरूप	
6) रचना/आराखडा: एक कौशल्य	
7) वर्तमान पत्रातील लेख: प्रकार व स्वरूप	
8) वार्षिकांक: स्वरूप, प्रयोजन	
<b>Total Hours</b>	<b>30</b>

**Evaluation and Assessment for Cultural-1, CC - I (D)****सांस्कृतिक उपक्रमातील सहभागा बाबत करावयाची गुणदान पध्दती**

अ.क्र.	सांस्कृतिक उपक्रमाचे शीर्षक/तपशील	गुण	प्राप्त करावयाचे क्रेडिट
1	महाविद्यालयाच्या कोणत्याही दोन प्रसंगी फुलं व पाने यांची रांगोळी काढणे	10	प्रत्येकी एका सत्रातून दोन क्रेडिट (50 गुण) सोबत दिलेल्या कोणत्याही सांस्कृतिक उपक्रमातून हे गुण मिळविता येतील
2	महाविद्यालयाच्या कोणत्याही दोन प्रसंगी पांरपरिक रांगोळी काढणे	10	
3	महाविद्यालयाच्या भित्तिपत्रकात स्वरचित कविता/लेख प्रकाशित करणे.	10	
4	महाविद्यालयाच्या कोणत्याही दोन उपक्रमात ईशस्तवन सादर करणे, कोरस देणे.	10	
5	महाविद्यालयाच्या कोणत्याही दोन उपक्रमात अतिथी परिचय करणे.	10	
6	महाविद्यालयाच्या कोणत्याही दोन उपक्रमात आभार प्रदर्शन करणे.	10	
7	महाविद्यालयाच्या सांस्कृतिक कार्यक्रमात (गॅदरिंग) रचना/आराखडा स्पर्धेत सहभाग.	10	
8	वर्तमानपत्रात (राज्यस्तरीय) व वार्षिकांकात लेख प्रकाशित करणे.	10	
<b>Total Marks</b>		<b>50</b>	

**Course Code: CC - I (E)**  
**Course Title: Student Welfare Activity-1**

<b>Course Code: CC - I (E)</b>	<b>Course Category: Co-Curricular Course (CC)</b>
<b>Course Title: Student Welfare Activity-1</b>	<b>Type: Theory &amp; Practical</b>
<b>Total Contact Hours: 30 (2/week)</b>	<b>Course Credits: 02</b>
<b>College Assessment (CA) Marks: 50 Marks</b>	<b>University Assessment (UA): NA</b>
<b>Course Objectives:</b>	
<ul style="list-style-type: none"> <li>● To inculcate the social values and ethos amongst the young minds.</li> <li>● To make the youth competent enough to survive in this competitive world through various activities and competitions.</li> </ul>	
<b>Course Outcomes:</b>	
<ul style="list-style-type: none"> <li>● Youth will understand social responsibility with values and ethos.</li> <li>● Youth will become competent to survive in the competitive world.</li> </ul>	

**Course Content:**

Sr. No	Programms	Hours
<b>Programms Under Yuvati sabha</b>		
1.	Agniveer Sainyadal Abhiyan	
2.	Atmanirbhar Yuvati Abhiyan	
3.	Mission Sahasi Abhiyan	
<b>One Day Programme</b>		
4.	Late Bhaisaheb Y.S. Mahajan Elocution Competition for girls	
5.	Late G. V. Abhyankar Marathi Natyageet and Late Shantabai Abhyankar Marathi Bhavagit Competition	
6.	Late Bhaskar Sabanis Inter Collegiate Commerce Quiz and Presentation Competition	
7.	Inter Collegiate Moot Court Competition	
<b>Two to Three Days Programme</b>		
8.	Research Project Presentation Workshop- Two Days	
9.	Fire Safety Workshop – Two Days	
10.	Artistic Skills Development Workshop- Three Days (Drama, Music and Dance)	
11.	Literature Creation workshop- Three Days (Poetry reciting/Storytelling/ Drama Writing/ Elocution/ Debate/Anchoring )	
12.	Fine Arts Study Workshop- Three Days (Painting, Cartooning, Colage, Spot Painting)	
13.	University level Work culture, Personality Development and Leadership Development workshop- Tree Days	
14.	Maitri- Workshop- Three Days	
15.	Sahas (Adventure) Workshop- Three Days	
16.	Youth Parliament Workshop and Competition- Three Days	
17.	University level K.B.C. N.M.U. One act play Competition-Two Days	

<b>Yearly Programme (Run throughout the year)</b>		
18.	Environmental Protection and Conservation awareness Campaign	
19.	Women Health Protection and Rutumati Campaign	
20.	New Technology Skill Campaign	
<b>Festival/ Mahotsav</b>		
21.	Bahinabai Vidyarthi Sahitya Sammelan	
22.	Youth Festival- YUVARANG	
23.	Annabhau Sathe Lok Kala Mahotsav (Folk-art Festival)	
24.	National Film Festival	
<b>Special Programmes/Competition</b>		
25.	National Essay Competition- Organised by K.B.C. N.M.U. Jalgaon	
26.	Vice Chancellors North East Youth Exchange Programme	
<b>Total Hours</b>		<b>30</b>

**Note:**

If the programmes in the Course content activities are not sanctioned to the college, then in this case if the student attains any other programme organized by college or any agency/society other than NSS and NCC, he or she should be considered for the marks according to the activity prior to check his her certificate/proof of attendance.

**Evaluation and Assessment (College Assessment 50 Marks) for CC - I (E):**

Sr. No.	Activity	Marks
1	Attendance to Important day celebration (any five)	10
2	Attendance in Yuvati Sabha or Yearly Programme- (any one) or at least three lectures by eminent personality	10
3	One Day Programme given in the list (any one)/Participation in College level Seminar/Conference/workshop or District level Avishkar, etc	10
4	Two- or three-Days Programme given in the list (any One)/Participation in University level Avishkar/ Seminar/Conference/workshop/ Festivals/ Gathering/cultural activities/Competitions	10
5	Participation in State and National level Avishkar/ Seminar /Conference /workshop/ Festivals/ Gathering/cultural activities/Competitions	10
	<b>Total</b>	<b>50</b>

**Course Code: CC - I (F)****Course Title: Yoga**

<b>Course Code: CC - I (F)</b>	<b>Course Category: Co-Curricular Course (CC)</b>
<b>Course Title: Yoga</b>	<b>Type: Theory &amp; Practical</b>
<b>Total Contact Hours: 30 (2/week)</b>	<b>Course Credits: 02</b>
<b>College Assessment (CA) Marks: 50 Marks</b>	<b>University Assessment (UA): NA</b>
<b>Course Objectives:</b> <ul style="list-style-type: none"> <li>● To comprehend the historical and philosophical foundations of yoga.</li> <li>● To practice yoga asanas (postures) and pranayama (breath control) techniques.</li> <li>● To understand the benefits of yoga for physical and mental well-being.</li> <li>● To develop mindfulness and meditation practices for improved focus and relaxation.</li> <li>● To apply yogic principles to daily life for a balanced and harmonious lifestyle.</li> </ul>	
<b>Course Outcomes:</b> <ul style="list-style-type: none"> <li>● Yoga can mean more energy and brighter moods.</li> <li>● Improve strength, balance and flexibility.</li> <li>● Benefits heart health.</li> <li>● Relaxes to help to sleep better.</li> <li>● Helps to manage stress.</li> </ul>	

**Course Content:**

<b>Name of the Topic</b>	<b>Hours</b>
<b>Unit 1: Introduction to Yoga</b> <ul style="list-style-type: none"> <li>● Historical Evolution of Yoga</li> <li>● Philosophy: The Eight Limbs of Yoga</li> <li>● Ashtanga in Yoga</li> <li>● Understanding Yoga's Role in Modern Life</li> </ul>	
<b>Unit 2: Yoga Asanas (Postures)</b> <ul style="list-style-type: none"> <li>● Basic Asanas: Standing, Sitting, and Supine Poses</li> <li>● Alignment, Modifications, and Benefits of Asanas</li> <li>● Sequencing and Flow in Asana Practice</li> </ul>	
<b>Unit 3: Pranayama and Breathwork</b> <ul style="list-style-type: none"> <li>● Introduction to Pranayama Techniques</li> <li>● Breathing Exercises for Relaxation and Energy</li> <li>● Pranayama for Stress Relief and Mental Clarity</li> </ul>	
<b>Unit 4: Meditation and Mindfulness</b> <ul style="list-style-type: none"> <li>● Understanding Meditation: Techniques and Benefits</li> <li>● Mindfulness Practices for Daily Life</li> <li>● Meditation for Emotional Balance and Inner Peace</li> </ul>	
<b>Total Hours</b>	<b>30</b>



**Reference Books:**

- Light on Yoga, (1966), B.K.S. Iyengar, Schocken Books, New York.
- Yoga: A Gem for Women (1990), Geeta S. Iyengar, Allied Publishers, New Delhi.
- The Science of Yoga (1999), Swami Sivananda, The Divine Life Society, Rishikesh.
- The Breathing Book: Good Health and Vitality Through Essential Breath Work (1996), Donna Farhi, Holt Paperbacks, New York.
- The Yoga of Breath: A Step-by-Step Guide to Pranayama (2002), Richard Rosen, Shambhala Publications, Boston.
- Asana Pranayama Mudra Bandha (1981), Swami Satyananda Saraswati, Yoga Publications Trust, Munger, Bihar.
- Yoga (2022), L.K.Pratale, S. Jagtap, N.V.Phatangare, Prashant Publication, Jalgaon

**Evaluation and Assessment (College Assessment 50 Marks) for Yoga, CC - I (F):**

<b>Sr. No.</b>	<b>Activity</b>	<b>Marks</b>
1	Practice And Performance	15
2	Pranayama and Breathwork (any one activity)	05
3	Meditation and Mindfulness (any one activity)	05
4	Yoga Asanas (Postures) (one activity)	05
5	Ashtanga in Yoga (any one activity)	05
6	Suryanamaskar (any one activity)	05
7	Discipline & Regularity	10
	<b>Total</b>	<b>50</b>

**Course Code: CC - I (G)****Course Title: Integrated Personality Development Course-1 (IPDC-1)**

<b>Course Code: CC - I (G)</b>	<b>Course Category: Co-Curricular Course (CC)</b>
<b>Course Title: IPDC-1</b>	<b>Type: Theory &amp; Practical</b>
<b>Total Contact Hours: 30 (2/week)</b>	<b>Course Credits: 02</b>
<b>College Assessment (CA) Marks: 50 Marks</b>	<b>University Assessment (UA): NA</b>
<b>Course Objectives:</b> <ul style="list-style-type: none"> <li>● IPDC aims to prepare students for the modern challenges they face in their daily lives.</li> <li>● Promoting fortitude in the face of failures, Unity amongst family discord, Self-discipline amidst Distractions... and many more priceless lessons.</li> <li>● Focuses on morality and character development at the core of student growth, to enable students to become self-aware, sincere, and successful in their many roles - as an ambitious student, reliable employee, caring family member, and considerate citizen.</li> </ul>	
<b>Course Outcomes:</b> <ul style="list-style-type: none"> <li>● To provide students with a holistic value-based education that will enable them to be successful in their academic, professional, and social lives.</li> <li>● To give the students the tools to develop effective habits, promote personal growth, and improve their well-being, stability, and productivity.</li> <li>● To allow students to establish a stronger connection with their family through critical thinking and development of qualities such as unity, forgiveness, empathy, and effective communication.</li> <li>● To provide students with soft skills that complement their hard skills, making them more marketable when entering the workforce.</li> <li>● To enhance awareness of India's glory and global values, and to create considerate citizens who strive for the betterment of their family, college, workforce, and nation.</li> <li>● To inspire students to strive for a higher sense of character by learning from role models who have lived principled, disciplined, and value-based lives.</li> </ul>	

**Course Content:**

<b>Name of the Topic</b>	<b>Hours</b>
<b>Module 1:</b> Remaking Yourself , <b>Subject:</b> Restructuring Yourself Students learn how self-improvement enables them to secure a bright future for themselves. They will learn 6 powerful thought-processes that can develop their physical, intellectual, emotional, and spiritual quotients.	<b>2</b>
<b>Module 2 :</b> Remaking Yourself, <b>Subject: Power of Habit</b> Students will undergo a study of how habits work, the habits of successful professionals, and the practical techniques that can be used to develop good habits in their life.	<b>2</b>
<b>Module 3:</b> Learning from Legends , <b>Subject :</b> Tendulkar & Tata Students will learn from the inspirational lives of India's two legends, Sachin Tendulkar and Ratan Tata. They will implement these lessons through relatable case studies.	<b>2</b>
<b>Module 4:</b> From House to Home <b>Subject :</b> Listening & Understanding communications. Active listening is an essential part of academic progress and communications. Students will learn to listen with their eyes, ears, mind, and heart.	<b>2</b>

<b>Module 5: Facing Failures perspective, Subject: Welcoming Challenges</b> This lecture enables students to revisit the way in which they approach challenges. Through the study of successful figures such as Disney, Lincoln and Bachchan, students will learn to face difficulties through a positive perspective.	<b>2</b>
<b>Module 6: Facing Failures, Subject: Significance of Failures</b> Failure is a student's daily source of fear, negativity, and depression. Students will be given the constructive skills to understand failure as formative learning experiences.	<b>2</b>
<b>Module 7: My India My Pride, Subject: Glorious Past - Part 1</b> India's ancient Rishis, scholars, and intellectuals have made tremendous contributions to the world, they developed an advanced, sophisticated culture and civilization which began thousands of years ago. Students will learn the importance of studying India's glorious past so that they could develop a strong passion and pride for our nation.	<b>2</b>
<b>Module 8: My India My Pride, Subject: Glorious Past - Part 2</b> Our ancient concepts can be used to seek revolutionary ideas and to generate inspiration. Students will develop a deeper interest in India's Glorious Past – by appreciating the need to read about it, research it, write about it, and share it.	<b>2</b>
<b>Module 9: Learning from Legends, Subject: A.P.J. Abdul Kalam</b> Dr Kalam's inspirational life displayed legendary qualities which apply to students (1) Dare to Dream (2) Work Hard (3) Get Good Guidance (4) Humility (5) Use Your Talents for the Benefit of others.	<b>2</b>
<b>Module 10: Soft Skills, Subject: Networking &amp; Leadership</b> Students are taught the means of building a professional network and developing a leadership attitude.	<b>3</b>
<b>Module 11: Soft Skills, Subject : Project Management</b> Students will learn the secrets of project management through the Akshardham case study. They will then practice these skills through an activity relevant to student life.	<b>2</b>
<b>Module 12: Remaking Yourself, Subject: Handling Social Media</b> Students will learn how social media can become addictive and they will imbibe simple methods to take back control.	<b>2</b>
<b>Module 13: Facing Failures, Subject: Power of Faith</b> Students will learn about the power and necessity of faith in our daily lives.	<b>2</b>
<b>Module 14: From House to Home, Subject: Bonding the Family</b> Students will understand the importance of strong family relationships. They will learn how to overcome the generation gap and connect with their family more.	<b>2</b>
<b>Module 15: Selfless Service, Subject: Seva</b> Students will learn that performing seva is beneficial to one's health, wellbeing, and happiness. It also benefits and inspires others.	<b>2</b>
<b>Total Hours</b>	<b>30</b>

### Reference Books:

The IPDC lectures will take place in the college classrooms and will be hosted by a university-appointed course instructor/Faculty. The Teaching resources will be provided by BAPS. Each lecture has four components as shown below:

#### 1 Introductory Film

Each lecture begins with a short film that introduces the topic through modern

production. The original content displays relatable scenarios and visuals that captivate the students' attention and stimulates their curiosity to learn more.

## **2 Lecture Video**

Students watch a lecture video presented by a dynamic speaker. The lecture reinforces the significance and necessity of fundamental principles and skills. The experience of the speaker, eloquence of presentation, and use of interactive visuals collectively create a profound impact on each student's mind and heart.

## **3 Student Interaction**

Student interaction sessions promote stimulating discussion and conversation and help create safe spaces for the healthy exchange of ideas. Thus, each session provides a forum in which students can openly express their emotions and thoughts.

## **4 Workbook Activities**

Workbooks assist students to begin implementing the values taught in the lecture into their personal lives. Reliable research, priceless experience, practical scenarios, and reflective questions are innovatively depicted, motivating students to contemplate and think creatively. There will be one workbook for each semester/phase. Each workbook will be designed and presented by BAPS IPDC Team. These official workbooks would be the course- material for study of IPDC. These workbooks will solve the purpose of study, submission, viva and exams for students.

### **IPDC Workbook-1**

Printed workbook for IPDC-1 is to be procured by students/institutes as per printed price.

### **Copyrights/Intellectual Rights :**

Copyright/IPR of all IPDC materials provided for IPDC Course belongs to BAPS Swaminarayan Sanstha. Hence, the use of all these materials should be limited to the teaching of IPDC course only.

# **Semester – II**

**Course Code: CC - II (A)****Course Title: NCC – 2**

<b>Course Code: CC - II (A)</b>	<b>Course Category: Co-Curricular Course (CC)</b>
<b>Course Title: NCC-2 (Basic)</b>	<b>Type: Theory &amp; Practical</b>
<b>Total Contact Hours: 30 (2/week)</b>	<b>Course Credits: 02</b>
<b>College Assessment (CA) Marks: 50 Marks</b>	<b>University Assessment (UA): NA</b>
<b>Course Objectives:</b>	
<ul style="list-style-type: none"> <li>● To introduce the students the basics of NCC.</li> <li>● To motivate the students to be a responsible citizen of the country.</li> <li>● To make them aware of military history and Armed Forces strength of the country.</li> <li>● To develop the students with impressive personality.</li> </ul>	
<b>Course Outcomes:</b>	
<ul style="list-style-type: none"> <li>● The students will develop a sense of patriotism and social responsibility.</li> <li>● The qualities of the Secular outlook, discipline, bearing and obedience would be enriched.</li> <li>● The students would be the future leaders in the Nation.</li> </ul>	
<b>Course pre-requisite:</b>	
<ul style="list-style-type: none"> <li>● To study this course, a student must be physically, mentally and medically fit.</li> <li>● Students and their parents should be willing to undergone the military training.</li> <li>● It is open for all.</li> </ul>	

**Course Content:**

<b>Name of the Topic</b>	<b>Hours</b>
<b>Unit 1: Tej Chal</b> <ul style="list-style-type: none"> <li>● Tej Chal se Slaute Karna</li> <li>● Tej Kadam Taal se Kadam Badalna.</li> <li>● Formation of squad and Squad Drill.</li> </ul>	
<b>Unit 2: Leadership Traits</b> <ul style="list-style-type: none"> <li>● Leadership: Definition and significance.</li> <li>● Effective Leadership Traits</li> <li>● Case study of highly effective leaders.</li> </ul>	
<b>Unit 3: Social Services</b> <ul style="list-style-type: none"> <li>● Basics of Social service and its need.</li> <li>● Types of social service activities.</li> </ul>	
<b>Unit 4: Community Development</b> <ul style="list-style-type: none"> <li>● Community Development: Meaning and scope.</li> <li>● Contribution of Youth towards Social Welfare.</li> <li>● Blood Donation, Adult Education, Prevention of Child Marriage and Child Labor and Child Abuse, Tree Plantation, Cancer and AIDS awareness, Cleanliness Drive.</li> </ul>	
<b>Total Hours</b>	<b>30</b>

**Reference Books:**

<b>Title</b>	<b>Publication</b>
● Cadet's Hand book – Common subject. All wings.	BY DG NCC, New Delhi.
● Cadet's Hand book – Specialized Subjects, Army, Navy, Air-force	BY DG NCC, New Delhi
● NCC OTA Precise	BY DG NCC, New Delhi

**Evaluation and Assessment (College Assessment 50 Marks) for CC - II (A):**

<b>Sr. No.</b>	<b>Activity</b>	<b>Marks</b>
1.	Internal Tests -1	10
2.	Internal Tests -2	10
3.	Attendance Mark	10
4.	Tasks and assignments	10
5.	Social activity	10
	<b>Total</b>	50



**Course Code: CC - II (B)****Course Title: NSS – 2**

<b>Course Code: CC - II (B)</b>	<b>Course Category: Co-Curricular Course (CC)</b>
<b>Course Title: NSS-2 (National Service Scheme)</b>	<b>Type: Theory &amp; Practical</b>
<b>Total Contact Hours: 30 (2/week)</b>	<b>Course Credits: 02</b>
<b>College Assessment (CA) Marks: 50 Marks</b>	<b>University Assessment (UA): NA</b>
<b>Course Objectives:</b> <ul style="list-style-type: none"> <li>To groom youth as social centric by applying her/his knowledge towards improvement of the community.</li> <li>To develop among themselves a sense of social and civic responsibility and act as agents of social change towards India as a developed Country.</li> </ul>	
<b>Course Outcomes:</b> <ul style="list-style-type: none"> <li>Understand social responsibility.</li> <li>Awareness about social issues.</li> </ul>	

**Course Content:**

<b>Name of the Activities</b>	<b>Hours</b>
<ul style="list-style-type: none"> <li>Shramdaan (Campus cleanliness, Maintenance of Plant)</li> <li>Important Day celebration (Any five)</li> <li>Prohibiting burning of leaves campaign</li> <li>Health awareness programme</li> <li>HIV-AIDS awareness campaign</li> <li>Participation in Awareness rally's (Eradication of weeds, Anti-Tobacco, Open defecation, etc.)</li> <li>Survey based studies (Any one)</li> </ul>	
<b>Total Hours</b>	<b>30</b>

**Reference Books:**

- National Service Scheme Manual 2006, Govt. of India, Ministry of Youth Affairs.
- Annual Report of NSS, Published by Dept. of Higher Education.
- <https://nss.gov.in>

**Note:**

- Awareness programs can be conducted through rally, street plays, posters, slogans, etc.
- Survey based studies should be carried out on social issues.

**Evaluation and Assessment (College Assessment 50 Marks) for CC – II (B):**

<b>Sr. No.</b>	<b>Activity</b>	<b>Marks</b>
1.	Attendance to Important day celebration (any five), (Republic Day is compulsory)	10
2.	Attendance	10 (Above 90 %) 08 (Between 80 to 90 %) 06 (Between 75 to 80 %)
3.	Shramdaan	10
4.	Awareness Campaign (Any Three)	10
5.	Survey based studies	10
	<b>Total</b>	<b>50</b>

**Course Code: CC - II (C)**

**Course Title: Sports – 2**

<b>Course Code: CC - II (C)</b>	<b>Course Category: Co-Curricular Course (CC)</b>
<b>Course Title: Sports - 2</b>	<b>Type: Theory &amp; Practical</b>
<b>Total Contact Hours: 30 (2/week)</b>	<b>Course Credits: 02</b>
<b>College Assessment (CA) Marks: 50 Marks</b>	<b>University Assessment (UA): NA</b>
<b>Course Objectives:</b> <b>To enable the students:</b> <ul style="list-style-type: none"><li>● To create interest in sports among students.</li><li>● To develop the sports knowledge among students.</li><li>● To explain the importance of sports to the students.</li><li>● To develop physical and mental health through sports.</li></ul>	
<b>Course Outcomes:</b> <ul style="list-style-type: none"><li>● Increase in the physical and mental fitness of students through sports.</li><li>● The student may develop better grasping power.</li><li>● Development of student's personality through sports.</li><li>● The students be encouraged for better competition in sports.</li></ul>	

### **Course Content:**

<b>Name of the Topic</b>	<b>Hours</b>
<b>Unit 1: Introduction of Physical Fitness</b> <ul style="list-style-type: none"><li>● Introduction</li><li>● Meaning and definition of physical fitness.</li><li>● Need and importance of physical fitness.</li><li>● Components of physical fitness.</li><li>● Warm up and cooling down.</li></ul>	
<b>Unit 2: Physical Fitness Component</b> <ul style="list-style-type: none"><li>● Introduction</li><li>● Flexibility</li><li>● Muscular Strength</li><li>● Muscular Endurance</li><li>● Cardiorespiratory Endurance</li></ul>	
<b>Unit 3: Olympic Movement</b> <ul style="list-style-type: none"><li>● Introduction</li><li>● Ancient Olympic</li><li>● Modern Olympic</li><li>● Types of Olympic – Summer, Winter, Para and Youth Olympic</li><li>● Olympic medal winners of India</li></ul>	
<b>Total Hours</b>	<b>30</b>

**Reference Books:**

1. Bucher, C. A., Foundation of Physical Education, St. Louis: The C. V. Mosby Co. W. S. Watson, Physical Fitness and Athletic Performance
2. डॉ. विठ्ठलसिंग परिहार, झुझारसिंग शिलेदार, खेळ संचालन आणि क्रीडा मार्गदर्शन, अभय प्रकाशन, नांदेड, भारत.
3. सुरेशचंद्र नाडकरणी, क्रीडा ज्ञानकोष, मेहता पब्लिकेशन, भारत
4. प्रा. डॉ. गोविंद एस. मारतळे, मैदानी खेळाचे प्रशिक्षण, अथर्व पब्लिकेशन, जळगाव

**Evaluation and Assessment for (College Assessment 50 Marks) for CC – II (C):**

Sr. No.	Description	Mark	
1.	Attendance sports practices	10	Any three from Sr. No. 1 to 5 for 30 Marks.
2.	Sportsmanship and Behaviour	10	
3.	Participation in any one Intercollegiate tournament/College Annual Gathering sports	10	
4.	Participation in any one Zonal/Open state level tournament	10	
5.	Participation in any one University/All India inter university/Open National level tournament	10	
6.	Assignments	20	
	<b>Total Mark</b>	50	

**Course Code: CC - II (D)**

**Course Title: Cultural - 2**

<b>Course Code: CC - II (D)</b>	<b>Course Category:</b> <b>Co-curricular Course (CC)</b>
<b>Course Title: Cultural - 2</b>	<b>Type: Theory &amp; Practical</b>
<b>Total Contact Hours: 30 (2/week)</b>	<b>Course Credits: 02</b>
<b>Internal Assessment (CA) Marks: 50 Marks</b>	<b>University Assessment (UA): NA</b>

**Course Objectives (उद्दिष्ट्ये):**

- कविता, कथा, निबंध या वाडःमय प्रकारांचे प्रकार, स्वरूप प्रयोजन समजून घेणे.
- संकलनाचे स्वरूप समजून घेणे.
- सांस्कृतिक उपक्रमांच्या स्वरूपाचा, प्रकारांचा परिचय करून घेणे.
- रॅली चे स्वरूप प्रयोजन समजून घेणे.
- विविध सांस्कृतिक, राष्ट्रीय दिनांचे महत्त्व लक्षात घेणे.

**Course Outcomes (फलश्रुती):**

- विद्यार्थ्यांना कविता, कथा, निबंध या वाडःमय प्रकारांचे प्रकार, स्वरूप प्रयोजन समजून येईल.
- विद्यार्थ्यांना संकलनाचे स्वरूप समजून घेतील.
- विद्यार्थ्यांना सांस्कृतिक उपक्रमांच्या स्वरूपाचा, प्रकारांचा परिचय होईल.
- विद्यार्थ्यांना रॅली चे स्वरूप व प्रयोजन समजून येईल.
- विविध सांस्कृतिक, राष्ट्रीय दिनांचे महत्त्व विद्यार्थ्यांच्या लक्षात येईल.

**Course Content (अभ्यासक्रम आराखडा):**

<b>Name of the Topic</b>	<b>Hours</b>
1. कविता -वाडःमय प्रकाराचे स्वरूप, काव्याचे प्रकार	
2. संकलन-स्वरूप, पद्धती	
3. सांस्कृतिक उपक्रम- स्वरूप, प्रकार	
4. रॅली-(फेरी) स्वरूप, प्रयोजन, प्रकार	
5. निबंध लेखन- स्वरूप, प्रकार	
6. विविध राष्ट्रीय/सांस्कृतिक दिन-महत्त्व,प्रयोजन	
<b>Total Hours</b>	<b>30</b>

**Evaluation and Assessment for Cultural-2, CC - II (D)****सांस्कृतिक उपक्रमातील सहभागा बाबत करावयाची गुणदान पध्दती**

अ.क्र.	सांस्कृतिक उपक्रमाचे शीर्षक/तपशील	गुण	प्राप्त करावयाचे क्रेडिट
1	महाविद्यालयाच्या सांस्कृतिक कार्यक्रमात (गॅदरिंग) काव्यवाचन/गायन स्पर्धेत सहभाग	10	प्रत्येकी एका सत्रातून दोन क्रेडिट (50 गुण) सोबत दिलेल्या कोणत्याही सांस्कृतिक उपक्रमातून हे गुण मिळविता येतील
2	महाविद्यालयाच्या सांस्कृतिक कार्यक्रमात (गॅदरिंग) वक्तृत्व स्पर्धेत सहभाग	10	
3	महाविद्यालयाच्या सांस्कृतिक कार्यक्रमात (गॅदरिंग) पाककला स्पर्धेत सहभाग	10	
4	महाविद्यालयाच्या सांस्कृतिक कार्यक्रमात (गॅदरिंग) मेहंदी स्पर्धेत सहभाग	10	
5	महाविद्यालयातर्फे प्रकाशित होणाऱ्या नियतकालिकाचे मुखपृष्ठ तयार करणे	10	
6	महाविद्यालयाच्या कार्यक्रम प्रसंगी करावयाचे फलक रेखाटन	10	
7	विद्यार्थी कल्याण विभागाच्या युवारंगमध्ये सहभाग	10	
8	विद्यार्थी कल्याण विभागाच्या युवारंगमध्ये पारितोषिक	10	
9	महाविद्यालयाच्या सांस्कृतिक कार्यक्रमात (गॅदरिंग) निबंध स्पर्धेत सहभाग	10	
10	महाविद्यालय आयोजित कोणत्याही दोन रॅली-(फेरी) मध्ये सहभाग	10	
<b>Total Marks</b>		<b>50</b>	

**Course Code: CC - II (E)**  
**Course Title: Student Welfare Activity-2**

<b>Course Code: CC -II (E)</b>	<b>Course Category: Co-Curricular Course (CC)</b>
<b>Course Title: Student Welfare Activity-2</b>	<b>Type: Theory &amp; Practical</b>
<b>Total Contact Hours: 30 (2/week)</b>	<b>Course Credits: 02</b>
<b>College Assessment (CA) Marks: 50 Marks</b>	<b>University Assessment (UA): NA</b>
<b>Course Objectives:</b>	
<ul style="list-style-type: none"> <li>● To inculcate the social values and ethos amongst the young minds.</li> <li>● To make the youth competent enough to survive in this competitive world through various activities and competitions.</li> </ul>	
<b>Course Outcomes:</b>	
<ul style="list-style-type: none"> <li>● Youth will understand social responsibility with values and ethos.</li> <li>● Youth will become competent to survive in the competitive world.</li> </ul>	

**Course Content:**

Sr. No	Programms	Hours
<b>Programms Under Yuvati sabha</b>		
1.	Agniveer Sainyadal Abhiyan	
2.	Atmanirbhar Yuvati Abhiyan	
3.	Mission Sahasi Abhiyan	
<b>One Day Programme</b>		
4.	Late Bhaisaheb Y.S. Mahajan Elocution Competition for girls	
5.	Late G. V. Abhyankar Marathi Natyageet and Late Shantabai Abhyankar Marathi Bhavagit Competition	
6.	Late Bhaskar Sabanis Inter Collegiate Commerce Quiz and Presentation Competition	
7.	Inter Collegiate Moot Court Competition	
<b>Two to Three Days Programme</b>		
8.	Research Project Presentation Workshop- Two Days	
9.	Fire Safety Workshop – Two Days	
10.	Artistic Skills Development Workshop- Three Days (Drama, Music and Dance)	
11.	Literature Creation workshop- Three Days (Poetry reciting/Storytelling/ Drama Writing/ Elocution/ Debate/Anchoring )	
12.	Fine Arts Study Workshop- Three Days (Painting, Cartooning, Colage, Spot Painting)	
13.	University level Work culture, Personality Development and Leadership Development workshop- Tree Days	
14.	Maitri- Workshop- Three Days	
15.	Sahas (Adventure) Workshop- Three Days	
16.	Youth Parliament Workshop and Competition- Three Days	
17.	University level K.B.C. N.M.U. One act play Competition-Two Days	



<b>Yearly Programme (Run throughout the year)</b>		
18.	Environmental Protection and Conservation awareness Campaign	
19.	Women Health Protection and Rutumati Campaign	
20.	New Technology Skill Campaign	
<b>Festival/ Mahotsav</b>		
21.	Bahinabai Vidyarthi Sahitya Sammelan	
22.	Youth Festival- YUVARANG	
23.	Annabhau Sathe Lok Kala Mahotsav (Folk-art Festival)	
24.	National Film Festival	
<b>Special Programmes/Competition</b>		
25.	National Essay Competition- Organised by K.B.C. N.M.U. Jalgaon	
26.	Vice Chancellors North East Youth Exchange Programme	
<b>Total Hours</b>		<b>30</b>

**Note:**

If the programmes in the Course content activities are not sanctioned to the college, then in this case if the student attains any other programme organized by college or any agency/society other than NSS and NCC, he or she should be considered for the marks according to the activity prior to check his her certificate/proof of attendance.

**Evaluation and Assessment (College Assessment 50 Marks) for CC -II (E):**

Sr. No.	Activity	Marks
1	Attendance to Important day celebration (any five)	10
2	Attendance in Yuvati Sabha or Yearly Programme- (any one) or at least three lectures by eminent personality	10
3	One Day Programme given in the list (any one)/Participation in College level Seminar/Conference/workshop or District level Avishkar, etc	10
4	Two- or three-Days Programme given in the list (any One)/Participation in University level Avishkar/ Seminar/Conference/workshop/ Festivals/ Gathering/cultural activities/Competitions	10
5	Participation in State and National level Avishkar/ Seminar /Conference /workshop/ Festivals/ Gathering/cultural activities/Competitions	10
	<b>Total</b>	<b>50</b>

**Course Code: CC - II (F)****Course Title: Human Rights and Environment Law**

<b>Course Code: CC - II (F)</b>	<b>Course Category: Co-Curricular Course (CC)</b>
<b>Course Title: Human Rights and Environment Law</b>	<b>Type: Theory &amp; Practical</b>
<b>Total Contact Hours: 30 (2/week)</b>	<b>Course Credits: 02</b>
<b>College Assessment (CA) Marks: 50 Marks</b>	<b>University Assessment (UA): NA</b>
<b>Course Objectives:</b>	
<ul style="list-style-type: none"> <li>• Human rights and environmental standards and sensitize them to the issues.</li> <li>• To develop the ability to critically analyze the human rights situation around them.</li> <li>• To create awareness about human rights and how to be environmentally responsible.</li> <li>• To create awareness about natural resources, ecosystems and their relationship with society, livelihoods, environment and conservation.</li> </ul>	
<b>Course Outcomes:</b>	
<ul style="list-style-type: none"> <li>• All human beings depend on the environment in which we live.</li> <li>• There will be awareness of natural resources, ecosystems and their relationship with society, livelihoods, environment and conservation.</li> <li>• It will be useful to promote human rights and environmental values in the society.</li> </ul>	

**Course Content:**

<b>Name of the Topic</b>	<b>Hours</b>
<b>Unit 1: Concept of Human Rights &amp; Value</b> <ul style="list-style-type: none"> <li>• Meaning, Nature, Scop and Types of Human Rights</li> <li>• Origins of Human Rights</li> <li>• United states declaration of Human rights 1948</li> <li>• Human Rights in Indian Constitution</li> <li>• Human Values and Present Practices – Issues: Corruption and Bribe, Privacy</li> <li>• Policy in Web and social media, Cyber threats, Online Shopping etc</li> </ul>	<b>10</b>
<b>Unit 2: Environment and Human Rights</b> <ul style="list-style-type: none"> <li>• Environment and Human Rights</li> <li>• Environmental Rights in International Law</li> <li>• Environmental Laws in India- Environment Protection 1986,</li> <li>• Water (Prevention and Control of Pollution) Act 1974,</li> <li>• Air Pollution Control Act 1981</li> </ul>	<b>10</b>
<b>Unit 3: Ecosystem</b> <ul style="list-style-type: none"> <li>• Concept, structure &amp; functions of ecosystem: producer, consumer, decomposer, food web, food chain, energy flow, Ecological pyramids.</li> <li>• Conservation of Biodiversity- In-situ &amp; Ex- situ conservation of biodiversity.</li> <li>• Role of individual in Pollution control Human Population</li> <li>• Environment Sustainable Development India and Sustainable Development Goals</li> </ul>	<b>10</b>
<b>Total</b>	<b>30</b>

**Reference Books:**

- 1) Priya Kanjan Trivedi, International Environmental Laws (A P H Publishing Corporation, New Delhi)
- 2) Kanchan Chopra & Gopal Kadekodi, Operationalizing Sustainable Development (Sage publication, 1999)
- 3) S.C. Tripathi, Environmental Law (CLP, 2017)
- 4) Sukanta K. Nanda Environmental Law (CLP, 2015)
- 5) P. Leelakrishnan, Environment Law in India (Lexis Nexis, 2019)
- 6) Samudu Attapattu and Anedrea Schapper, Human Rights and Environment Key Issues, Roulledge New York 2019
- 7) Hannum, Annaya, Shelton, Celorio, International Human Rights Problems of Law, Policy, and Practice Aspen Publishers
- 8) Zimmermann Andreas, Human Rights and International Humanitarian Law Challenges Ahead, Limited 2022
- 9) Jamesh Smith Science and Technology for Development, Zed Book Ltd.New York 2009
- 10) भारत का संविधान एवं मानव अधिकार, एस बी पी डी पब्लिकेशन्स, आगरा
- 11) जे.सी जोहरी व रश्मी शर्मा: मानव अधिकार , लिंग एवं पर्यावरण, एस बी पी डी पब्लिकेशन्स आगरा
- 12) प्रो.हरिमोहन: मानवाधिकार ओर पर्यावरणसन्तुलन, वाणी प्रकाशन दिल्ली, २००७
- 13) डॉ.महेन्द्र मिश्रा: भारत में मानवाधिकार, एस आर एस पब्लिशर्स दिल्ली, २००८
- 14) पाटील वा.भा: मानवी हक्क: प्रशांत पब्लिकेशन जळगाव
- 15) संभाजी देसाई: जागतिक पर्यावरण: समस्या आवाहाने व उपाय: प्रशांत पब्लिकेशन जळगाव

**Evaluation and Assessment (College Assessment 50 Marks), CC – II (F):**

<b>Sr. No.</b>	<b>Activity</b>	<b>Marks</b>
<b>1</b>	<b>Class Attendance</b>	<b>05</b>
<b>2</b>	<b>Poster Making &amp; Presentation</b>	<b>05</b>
<b>3</b>	<b>Group Discussion</b>	<b>05</b>
<b>4</b>	<b>Participation in Social awareness Programme organized by college.</b>	<b>05</b>
<b>5</b>	<b>Field visit/Social survey/ Visit to NGO (Visit Report)</b>	<b>10</b>
<b>6</b>	<b>Project &amp; Presentation</b>	<b>20</b>
	<b>Total</b>	<b>50</b>

**Course Code: CC - II (G)****Course Title: Integrated Personality Development Course-1 (IPDC-2)**

<b>Course Code: CC - II (G)</b>	<b>Course Category: Co-Curricular Course (CC)</b>
<b>Course Title: IPDC-2</b>	<b>Type: Theory &amp; Practical</b>
<b>Total Contact Hours: 30 (2/week)</b>	<b>Course Credits: 02</b>
<b>College Assessment (CA) Marks: 50 Marks</b>	<b>University Assessment (UA): NA</b>
<b>Course Objectives:</b> <ul style="list-style-type: none"> <li>● IPDC aims to prepare students for the modern challenges they face in their daily lives.</li> <li>● Promoting fortitude in the face of failures, Unity amongst family discord, Self-discipline amidst Distractions... and many more priceless lessons.</li> <li>● Focuses on morality and character development at the core of student growth, to enable students to become self-aware, sincere, and successful in their many roles - as an ambitious student, reliable employee, caring family member, and considerate citizen.</li> </ul>	
<b>Course Outcomes:</b> <ul style="list-style-type: none"> <li>● To provide students with a holistic value-based education that will enable them to be successful in their academic, professional, and social lives.</li> <li>● To give the students the tools to develop effective habits, promote personal growth, and improve their well-being, stability, and productivity.</li> <li>● To allow students to establish a stronger connection with their family through critical thinking and development of qualities such as unity, forgiveness, empathy, and effective communication.</li> <li>● To provide students with soft skills that complement their hard skills, making them more marketable when entering the workforce.</li> <li>● To enhance awareness of India's glory and global values, and to create considerate citizens who strive for the betterment of their family, college, workforce, and nation.</li> <li>● To inspire students to strive for a higher sense of character by learning from role models who have lived principled, disciplined, and value-based lives.</li> </ul>	

**Course Content:**

<b>Name of the Topic</b>	<b>Hours</b>
<b>Module 1: Remaking, Subject: Begin with the End in Mind</b> Students will learn to visualize their future goals and will structure their lives through smart goals to give themselves direction and ultimately take them to where they want to go.	<b>2</b>
<b>Module 2: Remaking Yourself, Subject: Being Addiction-Free</b> Students will explore the detrimental effects of addictions on one's health, personal life, and family life. They will learn how to take control of their life by becoming addiction free.	<b>2</b>
<b>Module 3: Selfless Service, Subject: Case Study: Disaster Relief</b> Students will apply previous lessons of seva, to analyse the case study of the Bhuj earthquake relief work.	<b>2</b>
<b>Module 4: Soft Skills, Subject: Teamwork &amp; Harmony</b> Students will learn the six steps of teamwork and harmony that are essential for students' professional and daily life.	<b>2</b>

<b>Module 5:</b> My India My Pride , <b>Subject:</b> Present Scenario To implement the transformation of India from a developing country into a developed country it is necessary to have a value-based citizen. Students will see how the transformation to a greater India relies on the vision and efforts of themselves as a youth.	<b>2</b>
<b>Module 6:</b> Learning from Legends, <b>Subject:</b> Leading Without Leading Students will explore a new approach to leadership, through humility.	<b>2</b>
<b>Module 7:</b> My India My Pride, <b>Subject:</b> An Ideal Citizen – 1 Students will learn that to become value-based citizens, they must first develop good values in their lives. They start by exploring the values of responsibility and integrity.	<b>2</b>
<b>Module 8:</b> My India My Pride, <b>Subject:</b> An Ideal Citizen – 2 Students will learn that by developing the values of loyalty, sincerity, and punctuality; they become indispensable and can leave a strong impression. They will start developing these values by trying to keep perfection in every small task and by looking at the bigger picture.	<b>2</b>
<b>Module 9:</b> Facing Failures, <b>Subject:</b> Timeless Wisdom for Daily Life Students will learn the role wisdom plays in finding long-term stability. They will use ancient wisdom to solve their modern-day challenges.	<b>2</b>
<b>Module 10:</b> From House to Home, <b>Subject:</b> Forgive & Forget Students will understand the importance and benefits that forgiveness plays in their personal and professional life. They will learn to apply this knowledge in realistic situations.	<b>3</b>
<b>Module 11:</b> Remaking Yourself, <b>Subject:</b> Stress Management Students will learn to cope with current and future causes of stress.	<b>2</b>
<b>Module 12:</b> Remaking Yourself, <b>Subject:</b> Better Health Better Future A healthy body prevents disease and stress; increases positivity, productivity, and brainpower. Students will learn to maintain good health through regular exercise, healthy eating habits, and regular and sufficient sleep.	<b>2</b>
<b>Module 13:</b> Learning from Legends, <b>Subject:</b> Words of Wisdom A panel of learned and experienced mentors will personally answer practical questions that students face in their daily life.	<b>2</b>
<b>Module 14:</b> Soft Skills, <b>Subject:</b> Financial Planning Students will develop a variety of practical financial skills that prepare them to become financially stable throughout their future careers.	<b>2</b>
<b>Module 15:</b> Remaking Yourself, <b>Subject:</b> Impact of Company Students will understand that the type of company that we keep, has a crucial role in determining who we are and who we will become. They will develop the ability to create a positive environment around them.	<b>2</b>
<b>Total Hours</b>	<b>30</b>

### Reference Books:

The IPDC lectures will take place in the college classrooms and will be hosted by a university-appointed course instructor/Faculty. The Teaching resources will be provided by BAPS. Each lecture has four components as shown below:

#### 1 Introductory Film

Each lecture begins with a short film that introduces the topic through modern

production. The original content displays relatable scenarios and visuals that captivate the students' attention and stimulates their curiosity to learn more.

## **2 Lecture Video**

Students watch a lecture video presented by a dynamic speaker. The lecture reinforces the significance and necessity of fundamental principles and skills. The experience of the speaker, eloquence of presentation, and use of interactive visuals collectively create a profound impact on each student's mind and heart.

## **3 Student Interaction**

Student interaction sessions promote stimulating discussion and conversation and help create safe spaces for the healthy exchange of ideas. Thus, each session provides a forum in which students can openly express their emotions and thoughts.

## **4 Workbook Activities**

Workbooks assist students to begin implementing the values taught in the lecture into their personal lives. Reliable research, priceless experience, practical scenarios, and reflective questions are innovatively depicted, motivating students to contemplate and think creatively. There will be one workbook for each semester/phase. Each workbook will be designed and presented by BAPS IPDC Team. These official workbooks would be the course-material for study of IPDC. These workbooks will solve the purpose of study, submission, viva and exams for students.

### **IPDC Workbook-2**

Printed workbook for IPDC-2 is to be procured by students/institutes as per printed price.

### **Copyrights/Intellectual Rights:**

Copyright/IPR of all IPDC materials provided for IPDC Course belongs to BAPS Swaminarayan Sanstha. Hence, the use of all these materials should be limited to the teaching of IPDC course only.

# **Semester – III**

**Course Code: CC - III (A)****Course Title: NCC – 3**

<b>Course Code: CC - III (A)</b>	<b>Course Category: Co-Curricular Course (CC)</b>
<b>Course Title: NCC-3 (Advance)</b>	<b>Type: Theory &amp; Practical</b>
<b>Total Contact Hours: 30 (2/week)</b>	<b>Course Credits: 02</b>
<b>College Assessment (CA) Marks: 50 Marks</b>	<b>University Assessment (UA): NA</b>
<b>Course Objectives:</b>	
<ul style="list-style-type: none"> <li>● To make the students aware of Military subjects such as Weapon training, Battle field, Battle craft and judging distance.</li> <li>● To impart elementary knowledge about Armed Forces.</li> <li>● Students will be Introduced Map reading, difference of Maps, conventional signs of maps</li> <li>● To introduce the student biographies of renowned Military Officers.</li> </ul>	
<b>Course Outcomes:</b>	
<ul style="list-style-type: none"> <li>● The student shall have basic knowledge of Armed Forces.</li> <li>● The training will instill patriotism, commitment and passion to serve the nation.</li> <li>● It will also acquaint, expose &amp; provide basic knowledge about Army, Navy and Air Force.</li> </ul>	
<b>Course pre-requisite:</b>	
<ul style="list-style-type: none"> <li>● To study this course, a student must be physically, mentally and medically fit.</li> <li>● Students and their parents should be willing to undergone the military training.</li> <li>● It is open for all.</li> </ul>	

**Course Content:**

<b>Name of the Topic</b>	<b>Hours</b>
<b>Unit 1: Armed Force</b> <ul style="list-style-type: none"> <li>● Basic organization of Armed Forces.</li> <li>● Organization of Army.</li> <li>● Badges and Ranks.</li> </ul>	
<b>Unit 2: Biographies of renowned Military Officers</b> <ul style="list-style-type: none"> <li>● Kodandera Madappa Cariappa, Former Chief of Army Staff of the Indian Army.</li> <li>● Sam Manekshaw, Former Chief of Army Staff of the Indian Army</li> <li>● Captain Vikram Batra, PVC</li> </ul>	
<b>Unit 3: Map Reading</b> <ul style="list-style-type: none"> <li>● Introduction to Map Reading</li> <li>● Conduct of MR</li> <li>● Map to ground</li> <li>● Ground to Map</li> </ul>	
<b>Unit 4: Field Craft and Battle Craft</b> <ul style="list-style-type: none"> <li>● Introduction to Field Craft</li> <li>● Indication of Landmark</li> <li>● Fire &amp; Move Capsule- Field Signals, Section Formations, Fire Control Orders</li> </ul>	
<b>Total Hours</b>	

**Reference Books:**



<b>Title</b>	<b>Publication</b>
● Cadet's Hand book – Common subject. All wings.	BY DG NCC, New Delhi.
● Cadet's Hand book – Specialized Subjects, Army, Navy, Air-force	BY DG NCC, New Delhi
● NCC Precise	BY DG NCC, New Delhi

**Evaluation and Assessment (College Assessment 50 Marks) for CC – III (A):**

<b>Sr. No.</b>	<b>Activity</b>	<b>Marks</b>
1.	Internal Tests -1	10
2.	Internal Tests -2	10
3.	Attendance Mark	10
4.	Tasks and assignments	10
5.	Activity	10
	<b>Total</b>	50

**Course Code: CC - III (B)****Course Title: NSS – 3**

<b>Course Code: CC - III (B)</b>	<b>Course Category: Co-Curricular Course (CC)</b>
<b>Course Title: NSS-3 (National Service Scheme)</b>	<b>Type: Theory &amp; Practical</b>
<b>Total Contact Hours: 30 (2/week)</b>	<b>Course Credits: 02</b>
<b>College Assessment (CA) Marks: 50 Marks</b>	<b>University Assessment (UA): NA</b>
<b>Course Objectives:</b> <ul style="list-style-type: none"> <li>To groom youth as social centric by applying her/his knowledge towards improvement of the community.</li> <li>To develop among themselves a sense of social and civic responsibility and act as agents of social change towards India as a developed Country.</li> </ul>	
<b>Course Outcomes:</b> <ul style="list-style-type: none"> <li>Understand social responsibility.</li> <li>Awareness about social issues.</li> </ul>	

**Course Content:**

<b>Name of the Activities</b>	<b>Hours</b>
<ul style="list-style-type: none"> <li>Shramdaan (Campus cleanliness, Plantation)</li> <li>Important Day celebration (Any five)</li> <li>Literacy Awareness Programs/Digital Literacy programmes</li> <li>Health and Nutrition programme</li> <li>Beti Bachav-Beti Padhav awareness campaign (Street Play, Raley, etc.)</li> <li>Participation in Blood donation awareness</li> <li>Traffic rule awareness</li> <li>Water conservation</li> <li>Survey based studies (Any one)</li> </ul>	
<b>Total Hours</b>	<b>30</b>

**Reference Books:**

- National Service Scheme Manual 2006, Govt. of India, Ministry of Youth Affairs.
- Annual Report of NSS, Published by Dept. of Higher Education.
- <https://nss.gov.in>

**Note:**

- Awareness programs can be conducted through rally, street plays, posters, slogans, etc.
- Survey based studies should be carried out on social issues.

**Evaluation and Assessment (College Assessment 50 Marks) for CC – III (B):**

<b>Sr. No.</b>	<b>Activity</b>	<b>Marks</b>
1.	Attendance to Important day celebration (any five), (Independence Day is compulsory)	10
2.	Attendance	10 (Above 90 %) 08 (Between 80 to 90 %) 06 (Between 75 to 80 %)
3.	Shramdaan	10
4.	Awareness Campaign (Any Three)	10
5.	Survey based studies	10
	<b>Total</b>	<b>50</b>

**Course Code: CC - III (C)****Course Title: Sports – 3**

<b>Course Code: CC - III (C)</b>	<b>Course Category: Co-Curricular Course (CC)</b>
<b>Course Title: Sports - 3</b>	<b>Type: Theory &amp; Practical</b>
<b>Total Contact Hours: 30 (2/week)</b>	<b>Course Credits: 02</b>
<b>College Assessment (CA) Marks: 50 Marks</b>	<b>University Assessment (UA): NA</b>
<b>Course Objectives:</b>	
<b>To enable the students:</b>	
<ul style="list-style-type: none"> <li>● To create interest in sports among students.</li> <li>● To develop the sports knowledge among students.</li> <li>● To explain the importance of sports to the students.</li> <li>● To develop physical and mental health through sports.</li> </ul>	
<b>Course Outcomes:</b>	
<ul style="list-style-type: none"> <li>● Increase in the physical and mental fitness of students through sports.</li> <li>● The student may develop better grasping power.</li> <li>● Development of student's personality through sports.</li> <li>● The students be encouraged for better competition in sports.</li> </ul>	

**Course Content:**

<b>Name of the Topic</b>	<b>Hours</b>
<b>Unit 1: Olympic Movement</b> <ul style="list-style-type: none"> <li>● Introduction</li> <li>● Ancient Olympic</li> <li>● Modern Olympic</li> <li>● Types of Olympic – Summer, Winter, Para and Youth Olympic</li> <li>● Olympic medal winners of India</li> </ul>	
<b>Unit 2: Minor Game</b> <ul style="list-style-type: none"> <li>● Introduction</li> <li>● Throwing event</li> <li>● Jumping event</li> <li>● Running event</li> </ul>	
<b>Total Hours</b>	<b>30</b>

**Reference Books:**

1. Bucher, C. A., Foundation of Physical Education, St. Louis: The C. V. Mosby Co.
2. डॉ. विठ्ठलसिंग परिहार, झुझारसिंग शिलेदार, खेळ संचालन आणि क्रीडा मार्गदर्शन, अभय प्रकाशन, नांदेड, भारत
3. सुरेशचंद्र नाडकरणी, क्रीडा ज्ञानकोष, मेहता पब्लिकेशन, भारत
4. प्रा. के. एन. गंदगे, शारीरिक शिक्षणाचा पाया, समर्थ पब्लिकेशन, नांदेड, भारत
5. प्रा. डॉ. गोविंद एस. मारतळे, मैदानी खेळाचे प्रशिक्षण, अथर्व पब्लिकेशन, जळगाव

**Evaluation and Assessment for (College Assessment 50 Marks) for CC – III (C):**

<b>Sr. No.</b>	<b>Description</b>	<b>Mark</b>	
1.	Attendance sports practices	10	Any three from Sr. No. 1 to 5 for 30 Marks.
2.	Sportsmanship and Behaviour	10	
3.	Participation in any one Intercollegiate tournament/College Annual Gathering sports	10	
4.	Participation in any one Zonal/Open state level tournament	10	
5.	Participation in any one University/All India inter university/Open National level tournament	10	
6.	Assignments	20	
	<b>Total Mark</b>	<b>50</b>	

**Course Code: CC - III (D)****Course Title: Cultural - 3**

<b>Course Code: CC - III (D)</b>	<b>Course Category: Co-curricular Course (CC)</b>
<b>Course Title: Cultural - 3</b>	<b>Type: Theory &amp; Practical</b>
<b>Total Contact Hours: 30 (2/week)</b>	<b>Course Credits: 02</b>
<b>Internal Assessment (CA) Marks: 50 Marks</b>	<b>University Assessment (UA): NA</b>

**Course Objectives (उद्दिष्ट्ये):**

- नृत्य, नकला, पाककला,मेहंदी रेखाटन, कथाकथन, काव्यसादरीकरण, वक्तृत्व, चित्रकला, फलक रेखाटन, सूत्रसंचालन,वादन, एकपात्री, नाट्याभिनय, वादविवाद, अधिवाचन इ.कलांचे स्वरूप, प्रकार, प्रयोजन समजून घेणे.
- फॅशन शो, विविध लोककला, सांस्कृतिक स्पर्धा, सजावट, साहित्य संमेलन इ.चे स्वरूप, प्रकार, प्रयोजन समजून घेणे

**Course Outcomes (फलश्रुती):**

- नृत्य, नकला, पाककला,मेहंदी रेखाटन, कथाकथन, काव्यसादरीकरण, वक्तृत्व, चित्रकला, फलक रेखाटन, सूत्रसंचालन,वादन, एकपात्री, नाट्याभिनय, वादविवाद, अधिवाचन इ.कलांचे स्वरूप, प्रकार, प्रयोजन विद्यार्थ्यांना समजून येईल.
- फॅशन शो, विविध लोककला, सांस्कृतिक स्पर्धा, सजावट, साहित्य संमेलन इ.चे स्वरूप प्रकार, प्रयोजन विद्यार्थ्यांच्या लक्षात येईल.

**Course Content (अभ्यासक्रम आराखडा):**

Name of the Topic	Hours
1. सूत्रसंचालनाचे स्वरूप, कौशल्ये	
2. कथा- स्वरूप, प्रकार	
3. वादयकला- एक कौशल्य, वादयाचे प्रकार	
4. एकपात्री प्रयोग- स्वरूप, प्रयोजन	
5. अभिनय कला-स्वरूप,प्रकार	
6. फॅशन शो (वेशभूषा)- स्वरूप	
7. लोककला-प्रकार, स्वरूप, वैशिष्ट्ये	
<b>Total Hours</b>	<b>30</b>

**Evaluation and Assessment for Cultural-3, CC - III (D)**  
**सांस्कृतिक उपक्रमातील सहभागा बाबत करावयाची गुणदान पध्दती**

अ.क्र.	सांस्कृतिक उपक्रमाचे शीर्षक/तपशील	गुण	प्राप्त करावयाचे क्रेडिट
1	महाविद्यालयाच्या कोणत्याही प्रसंगी सूत्रसंचालन करणे	10	प्रत्येकी एका सत्रातून दोन क्रेडिट <b>(50 गुण)</b> सोबत दिलेल्या कोणत्याही सांस्कृतिक उपक्रमातून हे गुण मिळविता येतील
2	मासिक/त्रैमासिक/वार्षिकांत लेख/कविता प्रकाशित करणे.	10	
3	महाविद्यालयातर्फे प्रकाशित होणाऱ्या वार्षिक अंकात कथा लिहिणे.	10	
4	महाविद्यालयाच्या कार्यक्रमातील स्वागतगीत/ईशस्तवन प्रसंगी वादय वाजवणे.	10	
5	महाविद्यालयाच्या सांस्कृतिक कार्यक्रमात (गॅदरिंग) एकपात्री सादर करणे.	10	
6	महाविद्यालयाच्या सांस्कृतिक कार्यक्रमात नाटयप्रयोगात पात्र साकारणे	10	
7	महाविद्यालयाच्या सांस्कृतिक कार्यक्रमात फॅशन शो मध्ये सहभाग घेणे.	10	
8	महाविद्यालयाच्या सांस्कृतिक कार्यक्रमात लोककला सादरीकरण करणे	10	
<b>Total Marks</b>		50	

**Course Code: CC - III (E)**  
**Course Title: Student Welfare Activity-3**

<b>Course Code: CC -III (E)</b>	<b>Course Category: Co-Curricular Course (CC)</b>
<b>Course Title: Student Welfare Activity-3</b>	<b>Type: Theory &amp; Practical</b>
<b>Total Contact Hours: 30 (2/week)</b>	<b>Course Credits: 02</b>
<b>College Assessment (CA) Marks: 50 Marks</b>	<b>University Assessment (UA): NA</b>
<b>Course Objectives:</b>	
<ul style="list-style-type: none"> <li>● To inculcate the social values and ethos amongst the young minds.</li> <li>● To make the youth competent enough to survive in this competitive world through various activities and competitions.</li> </ul>	
<b>Course Outcomes:</b>	
<ul style="list-style-type: none"> <li>● Youth will understand social responsibility with values and ethos.</li> <li>● Youth will become competent to survive in the competitive world.</li> </ul>	

**Course Content:**

Sr. No	Programms	Hours
<b>Programms Under Yuvati sabha</b>		
1.	Agniveer Sainyadal Abhiyan	
2.	Atmanirbhar Yuvati Abhiyan	
3.	Mission Sahasi Abhiyan	
<b>One Day Programme</b>		
4.	Late Bhaisaheb Y.S. Mahajan Elocution Competition for girls	
5.	Late G. V. Abhyankar Marathi Natyageet and Late Shantabai Abhyankar Marathi Bhavagit Competition	
6.	Late Bhaskar Sabanis Inter Collegiate Commerce Quiz and Presentation Competition	
7.	Inter Collegiate Moot Court Competition	
<b>Two to Three Days Programme</b>		
8.	Research Project Presentation Workshop- Two Days	
9.	Fire Safety Workshop – Two Days	
10.	Artistic Skills Development Workshop- Three Days (Drama, Music and Dance)	
11.	Literature Creation workshop- Three Days (Poetry reciting/Storytelling/ Drama Writing/ Elocution/ Debate/Anchoring )	
12.	Fine Arts Study Workshop- Three Days (Painting, Cartooning, Colage, Spot Painting)	
13.	University level Work culture, Personality Development and Leadership Development workshop- Tree Days	
14.	Maitri- Workshop- Three Days	
15.	Sahas (Adventure) Workshop- Three Days	
16.	Youth Parliament Workshop and Competition- Three Days	
17.	University level K.B.C. N.M.U. One act play Competition-Two Days	



<b>Yearly Programme (Run throughout the year)</b>		
18.	Environmental Protection and Conservation awareness Campaign	
19.	Women Health Protection and Rutumati Campaign	
20.	New Technology Skill Campaign	
<b>Festival/ Mahotsav</b>		
21.	Bahinabai Vidyarthi Sahitya Sammelan	
22.	Youth Festival- YUVARANG	
23.	Annabhau Sathe Lok Kala Mahotsav (Folk-art Festival)	
24.	National Film Festival	
<b>Special Programmes/Competition</b>		
25.	National Essay Competition- Organised by K.B.C. N.M.U. Jalgaon	
26.	Vice Chancellors North East Youth Exchange Programme	
<b>Total Hours</b>		<b>30</b>

**Note:**

If the programmes in the Course content activities are not sanctioned to the college, then in this case if the student attains any other programme organized by college or any agency/society other than NSS and NCC, he or she should be considered for the marks according to the activity prior to check his her certificate/proof of attendance.

**Evaluation and Assessment (College Assessment 50 Marks) for CC -III (E):**

Sr. No.	Activity	Marks
1	Attendance to Important day celebration (any five)	10
2	Attendance in Yuvati Sabha or Yearly Programme- (any one) or at least three lectures by eminent personality	10
3	One Day Programme given in the list (any one)/Participation in College level Seminar/Conference/workshop or District level Avishkar, etc	10
4	Two- or three-Days Programme given in the list (any One)/Participation in University level Avishkar/ Seminar/Conference/workshop/ Festivals/ Gathering/cultural activities/Competitions	10
5	Participation in State and National level Avishkar/ Seminar /Conference /workshop/ Festivals/ Gathering/cultural activities/Competitions	10
	<b>Total</b>	<b>50</b>

**Course Code: CC - III (F)**  
**Course Title: Cyber Security**

<b>Course Code: CC - III (F)</b>	<b>Course Category: Co-Curricular Course (CC)</b>
<b>Course Title: Cyber Security</b>	<b>Type: Theory &amp; Practical</b>
<b>Total Contact Hours: 30 (2/week)</b>	<b>Course Credits: 02</b>
<b>College Assessment (CA) Marks: 50 Marks</b>	<b>University Assessment (UA): NA</b>
<b>Course Objectives:</b> <ul style="list-style-type: none"> <li>● To understand the fundamentals of cyber security.</li> <li>● To understand various categories of Cybercrime and Cyber-attacks</li> <li>● To have an overview of the Cyber laws.</li> </ul>	
<b>Course Outcomes:</b> <ul style="list-style-type: none"> <li>● Have a good understanding of Cyber Security.</li> <li>● Identify the different types of Cyber Crimes.</li> <li>● Have a good understanding of Cyber laws</li> <li>● Identify attacks and security policies.</li> </ul>	

**Course Content:**

Name of the Topic	Hours
<b>Unit 1: Introduction to Information Security</b> <ul style="list-style-type: none"> <li>● Introduction</li> <li>● Cybercrime: Definition and Origin of the Word</li> <li>● History of Information Systems and its Importance, basics,</li> <li>● Nature of Information Systems,</li> <li>● Basic Principles of Information Security</li> <li>● Information System Threats and attacks</li> </ul>	
<b>Unit 2: Classifications of Cybercrimes</b> <ul style="list-style-type: none"> <li>● E-Mail Spoofing, Spamming, Cyber defamation, Internet Time Theft, Salami Attack/Salami Technique, Data Diddling, Forgery, Web Jacking, Newsgroup, Spam/Crimes Emanating from Usenet Newsgroup, Hacking, Online Frauds, Computer Sabotage, Email Bombing/Mail Bombs, Computer Network Intrusions, Password Sniffing, Credit Card Frauds, Identity Theft</li> <li>● Vulnerability, Threats and Harmful acts</li> <li>● CIA Triad</li> </ul>	
<b>Unit 3: Security Threats and Controls</b> <ul style="list-style-type: none"> <li>● Security Threats to E Commerce</li> <li>● Business Transactions on Web</li> <li>● Concepts in Electronics payment systems</li> <li>● Internet Banking, E-Cash, Credit/Debit Cards</li> <li>● Physical Security- Needs</li> <li>● Disaster and Controls,</li> </ul>	

<ul style="list-style-type: none"> <li>● Access Control- Biometrics, Benefits of Biometrics Systems and Criteria for selection of Biometrics</li> </ul>	
<b>Unit 4: Cybercrimes and Cyber security: The Legal Perspectives</b> <ul style="list-style-type: none"> <li>● Fundamentals of Cyber Law</li> <li>● Introduction to Indian Cyber Law: Information Technology Act2000</li> <li>● Main features of the IT Act2000</li> <li>● Information Technology Amendment Act 2008 and its major strengths.</li> </ul>	
<b>Total Hours</b>	<b>30</b>

### Reference Books:

1. Cyber Security Understanding Cyber Crimes, Computer Forensics and Legal Perspectives – Nina Godbole, Sunit Belapure, Wiley: April 2011 India Publications Released.
2. Principles of Information Security -Michael E Whitman, Herbert J Mattord, 3rd Edition, 2011.
3. Computer Security: Principles and Practice -William Stallings and Lawrie Brown, 3rd edition, Pearson, 2015.
4. Cyber Security Essentials- James Graham Richard Howard Ryan Olson

### Evaluation and Assessment (College Assessment 50 Marks), CC – III (F):

Sr. No.	Activity	Marks
1.	Class Attendance	10
2.	Internal Tests -1	10
3.	Internal Tests -2	10
4.	Assignments	10
5.	Project & Presentation	10
	<b>Total</b>	<b>50</b>

# **Semester – IV**

**Course Code: CC - IV (A)****Course Title: NCC – 4**

<b>Course Code: CC - IV (A)</b>	<b>Course Category: Co-Curricular Course (CC)</b>
<b>Course Title: NCC-4 (Advance)</b>	<b>Type: Theory &amp; Practical</b>
<b>Total Contact Hours: 30 (2/week)</b>	<b>Course Credits: 02</b>
<b>College Assessment (CA) Marks: 50 Marks</b>	<b>University Assessment (UA): NA</b>
<b>Course Objectives:</b>	
<ul style="list-style-type: none"> <li>● To make the students aware of Weapon training.</li> <li>● To impart elementary knowledge about rifles and firing.</li> <li>● Students will be Introduced the basics of Health and Hygiene</li> <li>● To introduce the students the importance of Disaster Management.</li> </ul>	
<b>Course Outcomes:</b>	
<ul style="list-style-type: none"> <li>● The student shall have basic knowledge of weapons and their use and handling.</li> <li>● The training will make them efficient in Communication Skills.</li> <li>● The students will be ready to face challenges in future.</li> </ul>	
<b>Course pre-requisite:</b>	
<ul style="list-style-type: none"> <li>● To study this course, a student must be physically, mentally and medically fit.</li> <li>● Students and their parents should be willing to undergone the military training.</li> <li>● It is open for all.</li> </ul>	

**Course Content:**

<b>Name of the Topic</b>	<b>Hours</b>
<b>Unit 1: Weapon Training</b> <ul style="list-style-type: none"> <li>● Introduction &amp; Characteristics of .22 rifle</li> <li>● Handling of .22 rifle</li> <li>● Stripping, Assembling, Care and Cleaning and Sight Setting of .22 rifle</li> <li>● Loading, Cocking and Unloading</li> </ul>	
<b>Unit 2: Health and Hygiene</b> <ul style="list-style-type: none"> <li>● Hygiene &amp; Sanitation</li> <li>● First Aid in Common Medical Emergencies, Treatment &amp; Care of Wounds</li> <li>● Introduction to Yoga &amp; Exercises</li> </ul>	
<b>Unit 3: Communication Skills</b> <ul style="list-style-type: none"> <li>● Group Discussion, Stress &amp; Emotions,</li> <li>● Change your mindset, Inter Personal Relations</li> <li>● Team Work, Time Management</li> <li>● Public Speaking</li> </ul>	
<b>Unit 4: Disaster Management</b> <ul style="list-style-type: none"> <li>● Disaster Management: Meaning and Significance</li> <li>● Natural Disasters</li> <li>● Man Made Disasters</li> <li>● The role of a citizen in emergency</li> </ul>	
<b>Total Hours</b>	<b>30</b>

**Reference Books:**

<b>Title</b>	<b>Publication</b>
● Cadet's Hand book – Common subject. All wings.	BY DG NCC, New Delhi.
● Cadet's Hand book – Specialized Subjects, Army, Navy, Air-force	BY DG NCC, New Delhi
● NCC Precise	BY DG NCC, New Delhi

**Evaluation and Assessment (College Assessment 50 Marks) for CC – IV (A):**

<b>Sr. No.</b>	<b>Activity</b>	<b>Marks</b>
1.	Internal Tests -1	10
2.	Internal Tests -2	10
3.	Attendance Mark	10
4.	Tasks and assignments	10
5.	Activity	10
	<b>Total</b>	<b>50</b>

**Course Code: CC - IV (B)****Course Title: NSS – 4**

<b>Course Code: CC - IV (B)</b>	<b>Course Category: Co-Curricular Course (CC)</b>
<b>Course Title: NSS-4 (National Service Scheme)</b>	<b>Type: Theory &amp; Practical</b>
<b>Total Contact Hours: 30 (2/week)</b>	<b>Course Credits: 02</b>
<b>College Assessment (CA) Marks: 50 Marks</b>	<b>University Assessment (UA): NA</b>
<b>Course Objectives:</b>	
<ul style="list-style-type: none"> <li>To groom youth as social centric by applying her/his knowledge towards improvement of the community.</li> <li>To develop among themselves a sense of social and civic responsibility and act as agents of social change towards India as a developed Country.</li> </ul>	
<b>Course Outcomes:</b>	
<ul style="list-style-type: none"> <li>Understand social responsibility.</li> <li>Awareness about social issues.</li> </ul>	

**Course Content:**

<b>Name of the Activities</b>	<b>Hours</b>
<ul style="list-style-type: none"> <li>Shramdaan (Campus cleanliness, Maintenance of Plants)</li> <li>Important Day celebration (Any five)</li> <li>Fit India Movement (Physical and mental health, family welfare)</li> <li>Health and Nutrition programme</li> <li>National integrity program (Street Play, Raley, etc.)</li> <li>Gender awareness program (Street Play, Raley, etc.)</li> <li>Human Values awareness</li> <li>Drug Free India Campaign</li> <li>Disaster management</li> <li>Survey based studies (Any one)</li> </ul>	
<b>Total Hours</b>	<b>30</b>

**Reference Books:**

- National Service Scheme Manual 2006, Govt. of India, Ministry of Youth Affairs.
- Annual Report of NSS, Published by Dept. of Higher Education.
- <https://nss.gov.in>

**Note:**

- Awareness programs can be conducted through rally, street plays, posters, slogans, etc.
- Survey based studies should be carried out on social issues.

**Evaluation and Assessment (College Assessment 50 Marks) for CC – IV (B):**

<b>Sr. No.</b>	<b>Activity</b>	<b>Marks</b>
1.	Attendance to Important day celebration (any five), (Independence Day is compulsory)	10
2.	Attendance	10 (Above 90 %) 08 (Between 80 to 90 %) 06 (Between 75 to 80 %)
3.	Shramdaan	10
4.	Awareness Campaign (Any Three)	10
5.	Survey based studies	10
	<b>Total</b>	<b>50</b>



**Course Code: CC - IV (C)****Course Title: Sports – 4**

<b>Course Code: CC - IV (C)</b>	<b>Course Category: Co-Curricular Course (CC)</b>
<b>Course Title: Sports - 4</b>	<b>Type: Theory &amp; Practical</b>
<b>Total Contact Hours: 30 (2/week)</b>	<b>Course Credits: 02</b>
<b>College Assessment (CA) Marks: 50 Marks</b>	<b>University Assessment (UA): NA</b>
<b>Course Objectives:</b>	
<b>To enable the students:</b>	
<ul style="list-style-type: none"> <li>● To create interest in sports among students.</li> <li>● To develop the sports knowledge among students.</li> <li>● To explain the importance of sports to the students.</li> <li>● To develop physical and mental health through sports.</li> </ul>	
<b>Course Outcomes:</b>	
<ul style="list-style-type: none"> <li>● Increase in the physical and mental fitness of students through sports.</li> <li>● The student may develop better grasping power.</li> <li>● Development of student's personality through sports.</li> <li>● The students be encouraged for better competition in sports.</li> </ul>	

**Course Content:**

<b>Name of the Topic</b>	<b>Hours</b>
<b>Unit 1: Sports Training</b> <ul style="list-style-type: none"> <li>● Introduction</li> <li>● Methods of training</li> <li>● Physical fitness training</li> <li>● Skill training</li> <li>● Training and tactics</li> </ul>	
<b>Unit 2: Major Game</b> <ul style="list-style-type: none"> <li>● Introduction</li> <li>● Indian games</li> <li>● Foreign games</li> </ul>	
<b>Total Hours</b>	<b>30</b>

**Reference Books:**

1. Bucher, C. A., Foundation of Physical Education, St. Louis: The C. V. Mosby Co.
2. डॉ. विठ्ठलसिंग परिहार, झुझारसिंग शिलेदार, खेळ संचालन आणि क्रीडा मार्गदर्शन, अभय प्रकाशन, नांदेड, भारत
3. सुरेशचंद्र नाडकरणी, क्रीडा ज्ञानकोष, मेहता पब्लिकेशन, भारत
4. प्रा. के. एन. गंदगे, शारीरिक शिक्षणाचा पाया, समर्थ पब्लिकेशन, नांदेड, भारत
5. प्रा. डॉ. गोविंद एस. मारतळे, मैदानी खेळाचे प्रशिक्षण, अथर्व पब्लिकेशन, जळगाव

**Evaluation and Assessment for (College Assessment 50 Marks) for CC – IV (C):**

<b>Sr. No.</b>	<b>Description</b>	<b>Mark</b>	
7.	Attendance sports practices	10	Any three from Sr. No. 1 to 5 for 30 Marks.
8.	Sportsmanship and Behaviour	10	
9.	Participation in any one Intercollegiate tournament/College Annual Gathering sports	10	
10.	Participation in any one Zonal/Open state level tournament	10	
11.	Participation in any one University/All India inter university/Open National level tournament	10	
12.	Assignments	20	
	<b>Total Mark</b>	<b>50</b>	

**Course Code: CC - IV (D)****Course Title: Cultural - 4**

<b>Course Code: CC - IV (D)</b>	<b>Course Category: Co-curricular Course (CC)</b>
<b>Course Title: Cultural - 4</b>	<b>Type: Theory &amp; Practical</b>
<b>Total Contact Hours: 30 (2/week)</b>	<b>Course Credits: 02</b>
<b>Internal Assessment (CA) Marks: 50 Marks</b>	<b>University Assessment (UA): NA</b>

**Course Objectives (उद्दिष्ट्ये):**

- नृत्य, नकला, पाककला, मेहंदी रेखाटन, कथाकथन, काव्यसादरीकरण, वक्तृत्व, चित्रकला, फलक रेखाटन, सूत्रसंचालन, वादन, एकपात्री, नाट्याभिनय, वादविवाद, अधिवाचन इ.कलांचे स्वरूप, प्रकार, प्रयोजन समजून घेणे.
- फॅशन शो, विविध लोककला, सांस्कृतिक स्पर्धा, सजावट, साहित्य संमेलन इ.चे स्वरूप, प्रकार, प्रयोजन समजून घेणे

**Course Outcomes (फलश्रुती):**

- नृत्य, नकला, पाककला, मेहंदी रेखाटन, कथाकथन, काव्यसादरीकरण, वक्तृत्व, चित्रकला, फलक रेखाटन, सूत्रसंचालन, वादन, एकपात्री, नाट्याभिनय, वादविवाद, अधिवाचन इ.कलांचे स्वरूप, प्रकार, प्रयोजन विद्यार्थ्यांना समजून येईल.
- फॅशन शो, विविध लोककला, सांस्कृतिक स्पर्धा, सजावट, साहित्य संमेलन इ.चे स्वरूप प्रकार, प्रयोजन विद्यार्थ्यांच्या लक्षात येईल.

**Course Content (अभ्यासक्रम आराखडा):**

<b>Name of the Topic</b>	<b>Hours</b>
1. वादविवाद-स्वरूप, कौशल्य	
2. कथाकथन-स्वरूप, कौशल्य	
3. अधिवाचन-स्वरूप, प्रयोजन	
4. सांस्कृतिक स्पर्धांचे प्रकार	
5. सजावट- एक कला	
6. साहित्य संमेलन-स्वरूप, प्रयोजन	
<b>Total Hours</b>	<b>30</b>

**Evaluation and Assessment for Cultural-2, CC - IV (D)**  
**सांस्कृतिक उपक्रमातील सहभागा बाबत करावयाची गुणदान पध्दती**

अ.क्र.	सांस्कृतिक उपक्रमाचे शीर्षक/तपशील	गुण	प्राप्त करावयाचे क्रेडिट
1	महाविद्यालयाच्या सांस्कृतिक कार्यक्रमात (गॅदरिंग) वादविवाद स्पर्धेत सहभाग	10	प्रत्येकी एका सत्रातून दोन क्रेडिट (50 गुण) सोबत दिलेल्या कोणत्याही सांस्कृतिक उपक्रमातून हे गुण मिळविता येतील
2	महाविद्यालयाच्या सांस्कृतिक कार्यक्रमात (गॅदरिंग) कथाकथन स्पर्धेत सहभाग	10	
3	महाविद्यालयातर्फे प्रकाशित होणाऱ्या ग्रंथाचे /स्मरणिकेचे/सुव्हेनियरचे मुखपृष्ठ तयार करणे	10	
4	महाविद्यालयातर्फे प्रकाशित होणाऱ्या बॅनरचे डिझाईन/सजावट तयार करणे	10	
5	आंतरमहाविद्यालयीन कुठल्याही सांस्कृतिक स्पर्धेत सहभाग	10	
6	आंतरमहाविद्यालयीन कुठल्याही सांस्कृतिक स्पर्धेत पारितोषिक	10	
7	वाड्मयीन स्पर्धात अभिवाचन	10	
8	साहित्य संमेलनात सहभाग	10	
<b>Total Marks</b>		<b>50</b>	

**Course Code: CC - IV (E)**  
**Course Title: Student Welfare Activity-4**

<b>Course Code: CC -IV (E)</b>	<b>Course Category: Co-Curricular Course (CC)</b>
<b>Course Title: Student Welfare Activity-3</b>	<b>Type: Theory &amp; Practical</b>
<b>Total Contact Hours: 30 (2/week)</b>	<b>Course Credits: 02</b>
<b>College Assessment (CA) Marks: 50 Marks</b>	<b>University Assessment (UA): NA</b>
<b>Course Objectives:</b>	
<ul style="list-style-type: none"> <li>● To inculcate the social values and ethos amongst the young minds.</li> <li>● To make the youth competent enough to survive in this competitive world through various activities and competitions.</li> </ul>	
<b>Course Outcomes:</b>	
<ul style="list-style-type: none"> <li>● Youth will understand social responsibility with values and ethos.</li> <li>● Youth will become competent to survive in the competitive world.</li> </ul>	

**Course Content:**

Sr. No	Programms	Hours
<b>Programms Under Yuvati sabha</b>		
1.	Agniveer Sainyadal Abhiyan	
2.	Atmanirbhar Yuvati Abhiyan	
3.	Mission Sahasi Abhiyan	
<b>One Day Programme</b>		
4.	Late Bhaisaheb Y.S. Mahajan Elocution Competition for girls	
5.	Late G. V. Abhyankar Marathi Natyageet and Late Shantabai Abhyankar Marathi Bhavagit Competition	
6.	Late Bhaskar Sabanis Inter Collegiate Commerce Quiz and Presentation Competition	
7.	Inter Collegiate Moot Court Competition	
<b>Two to Three Days Programme</b>		
8.	Research Project Presentation Workshop- Two Days	
9.	Fire Safety Workshop – Two Days	
10.	Artistic Skills Development Workshop- Three Days (Drama, Music and Dance)	
11.	Literature Creation workshop- Three Days (Poetry reciting/Storytelling/ Drama Writing/ Elocution/ Debate/Anchoring )	
12.	Fine Arts Study Workshop- Three Days (Painting, Cartooning, Colage, Spot Painting)	
13.	University level Work culture, Personality Development and Leadership Development workshop- Tree Days	
14.	Maitri- Workshop- Three Days	
15.	Sahas (Adventure) Workshop- Three Days	
16.	Youth Parliament Workshop and Competition- Three Days	
17.	University level K.B.C. N.M.U. One act play Competition-Two Days	

<b>Yearly Programme (Run throughout the year)</b>		
18.	Environmental Protection and Conservation awareness Campaign	
19.	Women Health Protection and Rutumati Campaign	
20.	New Technology Skill Campaign	
<b>Festival/ Mahotsav</b>		
21.	Bahinabai Vidyarthi Sahitya Sammelan	
22.	Youth Festival- YUVARANG	
23.	Annabhau Sathe Lok Kala Mahotsav (Folk-art Festival)	
24.	National Film Festival	
<b>Special Programmes/Competition</b>		
25.	National Essay Competition- Organised by K.B.C. N.M.U. Jalgaon	
26.	Vice Chancellors North East Youth Exchange Programme	
<b>Total Hours</b>		<b>30</b>

**Note:**

If the programmes in the Course content activities are not sanctioned to the college, then in this case if the student attains any other programme organized by college or any agency/society other than NSS and NCC, he or she should be considered for the marks according to the activity prior to check his her certificate/proof of attendance.

**Evaluation and Assessment (College Assessment 50 Marks) for CC -IV (E):**

Sr. No.	Activity	Marks
1	Attendance to Important day celebration (any five)	10
2	Attendance in Yuvati Sabha or Yearly Programme- (any one) or at least three lectures by eminent personality	10
3	One Day Programme given in the list (any one)/Participation in College level Seminar/Conference/workshop or District level Avishkar, etc	10
4	Two- or three-Days Programme given in the list (any One)/Participation in University level Avishkar/ Seminar/Conference/workshop/ Festivals/ Gathering/cultural activities/Competitions	10
5	Participation in State and National level Avishkar/ Seminar /Conference /workshop/ Festivals/ Gathering/cultural activities/Competitions	10
	<b>Total</b>	<b>50</b>

**Course Code: CC - IV (F)****Course Title: Communication Skills and Personality Development**

<b>Course Code: CC - IV (F)</b>	<b>Course Category: Co-Curricular Course (CC)</b>
<b>Course Title: Communication Skills and Personality Development</b>	<b>Type: Theory &amp; Practical</b>
<b>Total Contact Hours: 30 (2/week)</b>	<b>Course Credits: 02</b>
<b>College Assessment (CA) Marks: 50 Marks</b>	<b>University Assessment (UA): NA</b>
<b>Course Objectives:</b> <ul style="list-style-type: none"> <li>● To enlighten the students with the basic concept of communication Skills.</li> <li>● To develop the effective communication skills among the students.</li> <li>● To Enhance proficiency, competencies and create understanding in verbal and non- verbal communication skills.</li> <li>● To train the students regarding various aspects of Interview skills and prepare effectively for interview.</li> </ul>	
<b>Course Outcomes:</b> <ul style="list-style-type: none"> <li>● Familiarize and efficient with effective Communication.</li> <li>● Apply Verbal and Non-Verbal Communication skills in personal as well as Professional Environment.</li> <li>● Build attractive personality and adapt the effective techniques of personality development.</li> <li>● Learn to balance in personal life and professional career with confidence and overcome the problems associated with personality.</li> </ul>	

**Course Content:**

<b>Name of the Topic</b>	<b>Hours</b>
<b>Unit 1: Effective Communication Skill</b> <ul style="list-style-type: none"> <li>● Definitions, structure and Scope of Basic Communication skill.</li> <li>● Verbal and Non-Verbal Communication skill.</li> <li>● Barriers in Effective Communication Skill: Physical Barriers, Cultural Barriers, Language Barriers, Interpersonal Barriers, Psychological Barriers.</li> <li>● Elements of Communication skill: Face to Face Communication, Tone of voice, Non-Verbal Communication.</li> </ul>	<b>10</b>
<b>Unit 2: Professional Skills</b> <ul style="list-style-type: none"> <li>● Interview Skills and presentation skills.</li> <li>● Do's and Don'ts before, during and after an interview.</li> <li>● The concept of Group Discussion.</li> <li>● Method and benefits of group discussion.</li> </ul>	<b>05</b>
<b>Unit 3: Personality Development</b> <ul style="list-style-type: none"> <li>● The concept of Personality, Characteristics and determinants of personality, Self-Image, Diet, Exercise and Mental Health.</li> <li>● Positive Attitude, Concept, Significance and Factors affecting attitudes,</li> <li>● Concept of motivation, Importance of self- motivation, Etiquettes, Leadership Skills.</li> </ul>	<b>10</b>

<ul style="list-style-type: none"> <li>• Conflict Management, Anger Management.</li> </ul>	
<b>Unit 4: Life skills</b> <ul style="list-style-type: none"> <li>• Body language, Problem-solving, Decision-making skills, Character building, Team-work.</li> <li>• Stress Management: Introduction, Causes and stress management techniques.</li> <li>• Time management: Importance of time management, Techniques of time management.</li> <li>• Social media etiquettes</li> </ul>	<b>05</b>
<b>Total Hours</b>	<b>30</b>

### Reference Books:

1. Communication Skills: by Sanjay Kumar and Pushp Lata
2. How to Win Friends and Influence People: by Dale Carnegie
3. Effective Communication: by John Adair.
4. Business Communication (Principles, Methods and Techniques): by Nirmal Singh.
5. Effective Business Communication: by H.Murphy.
6. Seven Habits of Highly Effective People: by Stephen Covey
7. You Can Win: by Shiv Khera
8. Personality Development and Career management: By R.M.Onkar
9. Communication Skills: A Practical Guide to Improving Your Social Intelligence, Presentation, Persuasion and Public Speaking: by Ian Tuhovsky
10. How to Talk to Anyone, Anytime, Anywhere: The Secrets of Good Communication: by Larry King and Bill Gilbert
11. Awaken the Giant Within: How to Take Immediate Control of Your Mental, Emotional, Physical and Financial Destiny!: by Tony Robbins
12. Think and Grow Rich: by Napoleon Hill

### Evaluation and Assessment (College Assessment 50 Marks), CC – IV (E):

Sr. No.	Activity	Marks
1.	Class Attendance	10
2.	Internal Tests -1	10
3.	Internal Tests -2	10
4.	Assignments	10
5.	Project & Presentation	10
	<b>Total</b>	50



## Contributors for Co-Curricular Course (CC):

- **Chairman:** Prin. Dr. S. S. Rajput, Dean, Faculty of Science & Technology
- **Coordinator:** Prof. Uday S. Jagtap, Dhanaji Nana Mahavidyalaya, Faizpur

Course Code & Title	Name
CC - I (A) NCC-1 CC - II (A) NCC-2 CC - III (A) NCC-3 CC - IV (A) NCC-4	● <b>Capt. Dr. R. R. Rajput, ANO</b> Dhanaji Nana Mahavidyalaya, Fazipur
CC - I (B) NSS-1 CC - II (B) NSS-2 CC - III (B) NSS-3 CC - IV (B) NSS-4	● <b>Prof. A. K. Patil,</b> Dhanaji Nana Mahavidyalaya, Fazipur ● <b>Prof. N. S. Dongare,</b> SPDM College, Shirpur
CC - I (C) Sports-1 CC - II (C) Sports-2 CC - III (C) Sports-3 CC - IV (C) Sports-4	● <b>Prof. G. S. Martale</b> Dhanaji Nana Mahavidyalaya, Fazipur ● <b>Dr. L. K. Pratale</b> SPDM College, Shirpur
CC - I (D) Cultural-1 CC - II (D) Cultural-2 CC - III (D) Cultural-3 CC - IV (D) Cultural-4	● <b>Prof. F. M. Bagul,</b> SPDM College, Shirpur
CC - I (E) Student Welfare Activity-1 CC - II (E) Student Welfare Activity-2 CC - III (E) Student Welfare Activity-3 CC - IV (E) Student Welfare Activity-4	● <b>Dr. Jayandre Lekurwale</b> Director, Department of Student Development, KBCNMU.
CC - I (F) Yoga	● <b>Dr. L. K. Pratale</b> SPDM College, Shirpur ● <b>Prof. G. S. Martale</b> Dhanaji Nana Mahavidyalaya, Fazipur
CC - II (F) Human Rights and Environment Law	● <b>Prof. T. M. Sawsakade</b> Dhanaji Nana Mahavidyalaya, Fazipur
CC - III (F) Cyber Security	● <b>Prof. (Miss). Vasundhara Fegade</b> ● <b>Prof. (Miss). Shubhangi Patil</b> Dhanaji Nana Mahavidyalaya, Fazipur
CC - IV (F) Communication Skills and Personality Development	● <b>Capt. Dr. R. R. Rajput, ANO</b> Dhanaji Nana Mahavidyalaya, Fazipur

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